

Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until

symptoms disappear
*Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear
*Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear
*Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear
*Do not give to infants under 1 year



Elderberry Syrup

Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear
*Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Elderberry Syrup

Elderberry Syrup

Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year

Kids: 1/2 - 1tsp daily

symptoms disappear

Adults: 1/2 - 1Tbsp daily

*Do not give to infants under 1 year

If sick: take serving every 2-3 hours until



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year



Kids: 1/2 - 1tsp daily Adults: 1/2 - 1Tbsp daily If sick: take serving every 2-3 hours until symptoms disappear *Do not give to infants under 1 year