



The question is:
Why am I tired, foggy headed, &
just not feeling good?



The Answer is....
Your Immune System

Let's focus on solutions.....

Hi! I'm Jacque!

A lifestyle improvement advocate



Health Empowerment Coach

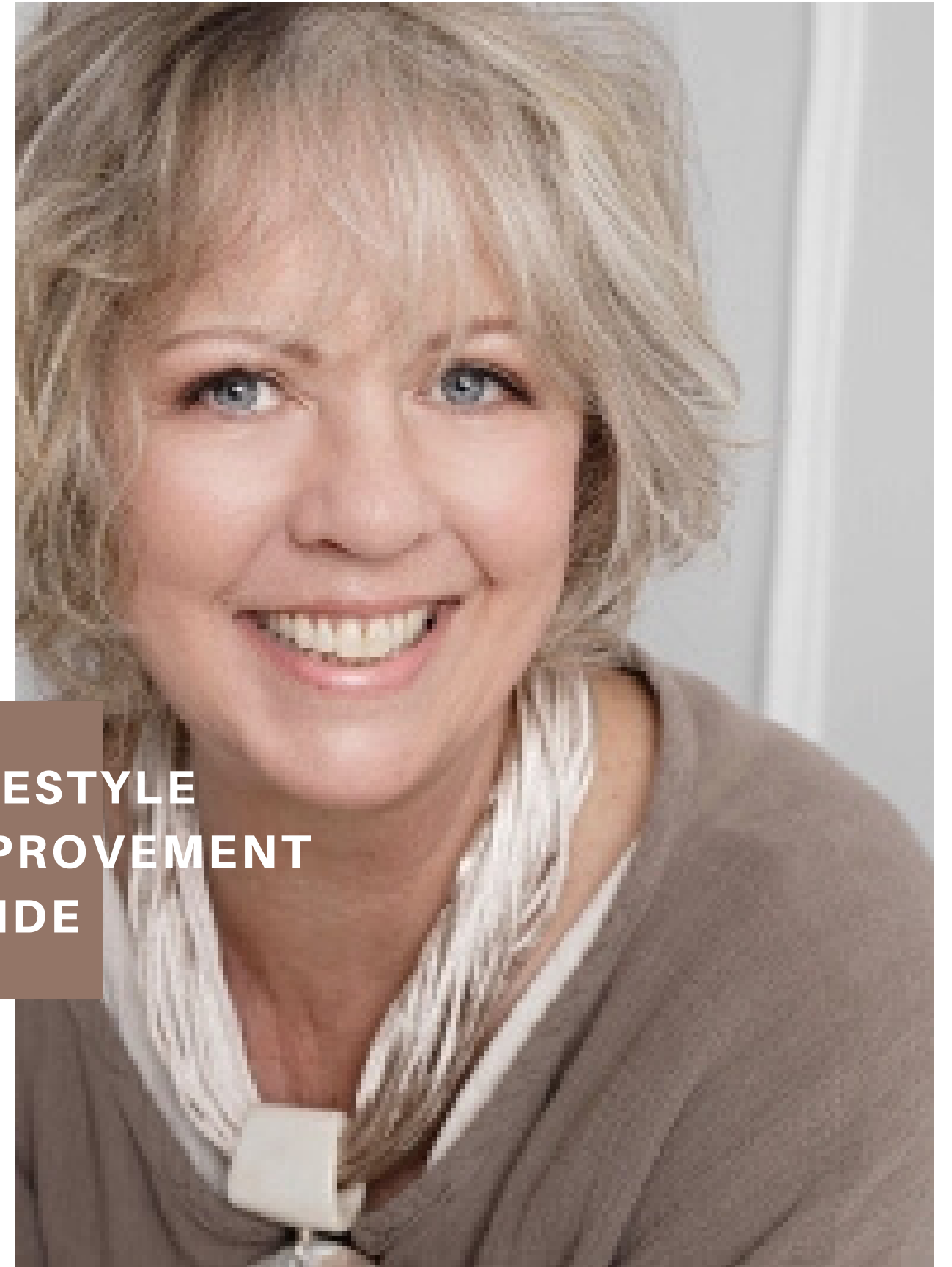


Plant-Based Living Enthusiast



Nature Lover

**LIFESTYLE
IMPROVEMENT
GUIDE**



DESIGNED TO PROTECT YOU

Your immune system is supposed to protect you, but in today's world, it's constantly under attack and not functioning well. In fact, autoimmune conditions are on the rise and it's up to us to stop the trend!

**Your Immune
System is
Under Attack**

CARCINOGENS, ENDOCRINE DISRUPTORS, NEURO TOXINS

Formaldehyde

Parabens

Phthalates

Bisphenol-A

Sodium Laurel Sulfate (SLS) and all its derivatives

Toluene

Fluoride

Propylene glycol

Talc

DEA, TEA, MEA (Di-ethanolomine)

Triclosan

Just of FEW of the offenders!

**Your Immune
System is
Under Attack**



What can you do?

YOU CAN MAKE CHANGES TO
YOUR HABITS!



Identify the culprits ~ eliminate them ~ heal your gut!

Personal care products can be full of harsh chemical ingredients that are called "Endocrine disruptors" - which means they disrupt your hormones - affecting your thyroid, your gut, and so much more.



**LIFESTYLE
IMPROVEMENTS**

Greenwashing...

A marketing trick that's harmful

Greenwashing is a deceptive practice that companies use to trick you into thinking that their products are environmentally friendly when they are not.

What's the Answer?

Reading labels and learning about ingredients. Big **RED FLAG** - anytime it says "Fragrance" or "Proprietary Recipe" it's generally hiding chemicals. (Think endocrine disruptors)





PLANT-BASED PRODUCTS

From cleaning products to personal care - choose plant-based products from a "full-disclosure" company ~ meaning, they don't hide any ingredients!



Antibiotics

Overuse of antibiotics in our food supply has caused an epidemic of gut-health challenges in our world today.

Did you know that your immune system depends on a **healthy gut** to work properly?

All those chemicals we talked about have a detrimental effect on the gut, too!

What Can You Do?

In today's world it is absolutely necessary to support the gut with the right supplements to help re-establish a healthy microbiome - the key to a robust and discriminating immune system!

For Starters

PROBIOTICS

Re-establish your Microbiome

ENZYMES

Help break down nutrition for optimal absorption of nutrients

IMMUNE ENHANCEMENT

Antioxidants for a Robust Immune System

You Can Change Your Life!

For an enhanced immune system the best place to start is with a good quality probiotic, enzymes and antioxidants! Of course, you will want to eliminate all the harmful ingredients in your everyday cleaning and personal care products to stop the assault on your wellness, too.

The good news is, I can help you get the best quality products, at wholesale, from a company you can trust! I've trusted my wellness to them for 20 years, and it's paid off!

On the next page you will find my "getting started" recommendations.

For the best results, you will want to be consistent with your supplements and start ditching the toxic stuff and switching to plant-based products that are actually enhancing your wellness, rather than depleting it!

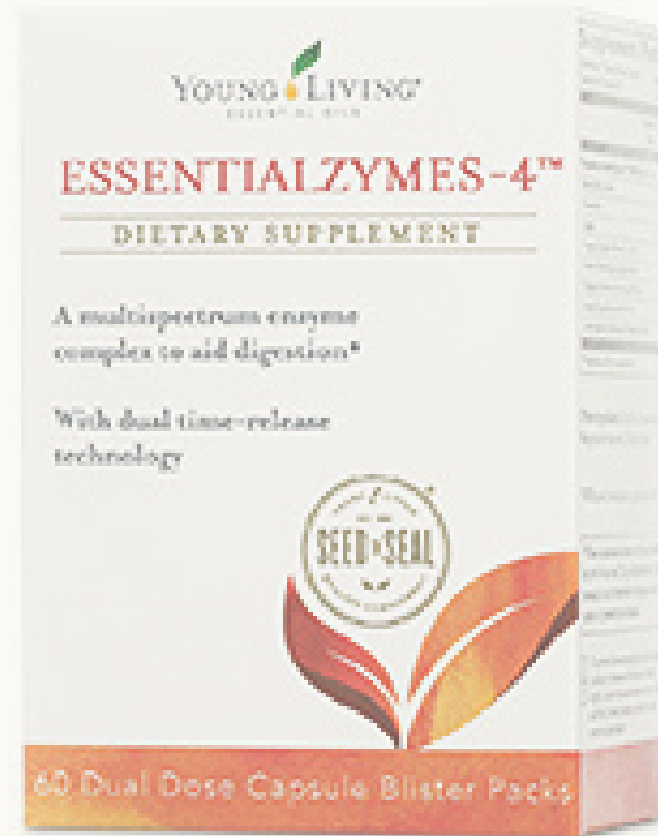
Of course, you don't have to start with my recommendations - you can choose to get whatever products speak to you. As always, I'm here to help - all you have to do is ask!



A Place to Start Immune Enhancement Recommendations



PROBIOTICS



DIGESTIVE
ENZYMES



ANTI-
OXIDANTS

[Get Your Wholesale Products Here](#)

**First Place to
Start**

Jacque McLaughlin

Website

Blog

Simple Natural Living Offer

LIFESTYLE
IMPROVEMENT
GUIDE

