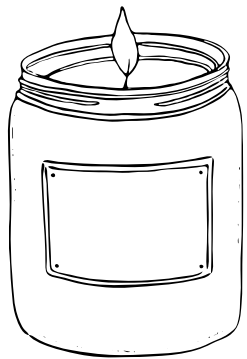




DITCH & SWITCH





DITCH

Plug-ins & Candles



SWITCH

Young Living
Oils & Diffusers



WHY DITCH?

Plug-ins & Candles

- ✗ can emit a range of volatile organic compounds (VOCs)
- ✗ may contain endocrine disruptors
- ✗ often contain synthetic fragrance, which can lead to reproductive and developmental toxicity, allergies, respiratory problems, & more
- ✗ paraffin wax candles can emit toxic fumes when burned

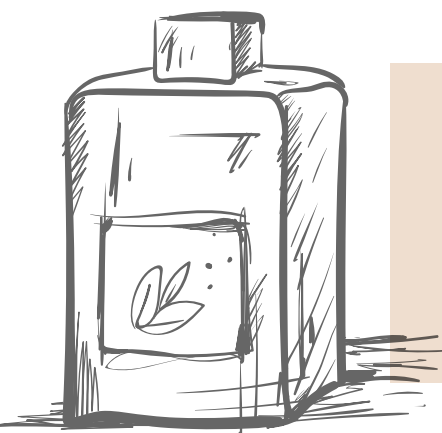


WHY SWITCH?

to Young Living
Oils & Diffusers



- ✓ essential oils can be dispersed into the air using a diffuser
- ✓ backed by a Seed to Seal commitment, which ensures the highest quality standards
- ✓ can purify the air without the use of harsh chemicals
- ✓ can help create a relaxing environment, set the mood, or even elevate the mood



DITCH

Perfumes & Body Sprays



SWITCH

Young Living Essential Oils



WHY DITCH?

Perfumes & Body Sprays

- ✗ may contain hormone-disrupting phthalates
- ✗ typically contain synthetic "fragrance", which can be made up of thousands of harsh chemicals
- ✗ little to no safety regulations in place
- ✗ often use butane or propane as a propellant, which can cause headaches or breathing issues





WHY SWITCH? to Young Living Essential Oils

- ✓ can enhance your physical wellness
- ✓ can be used to enhance spiritual awareness
- ✓ can stimulate olfactory receptors and activate regions in the brain's limbic system associated with memory, emotion, & state of mind
- ✓ acts as a wonderful substitute for harsh chemicals in personal and household care products



DITCH

Conventional Toothpastes



SWITCH

Young Living Plant-Based Toothpastes



WHY DITCH?

Conventional Toothpastes

- ✗ could contain triclosan, making it antibacterial, which can lead to allergies, hormonal issues, or even cancer
- ✗ may contain artificial flavors and dyes, which could cause hypersensitivity, increase inflammation, & disrupt the immune system
- ✗ typically contain fluoride, which may negatively affect the brain & central nervous system when ingested

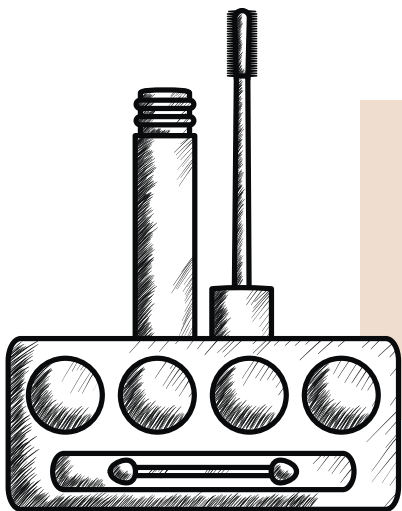


WHY SWITCH?

to Young Living
Plant-Based Toothpastes

- ✓ contain no fluoride
- ✓ free of harmful peroxides, SLS, parabens, phthalates, mineral oil, synthetic perfumes, dyes, artificial colors or flavors, and preservatives
- ✓ infused with premium essential oils
- ✓ contain naturally derived ingredients, which gently removes surface stains while helping prevent tartar buildup, fight plaque, and support healthy gums





DITCH

Conventional Makeup



SWITCH

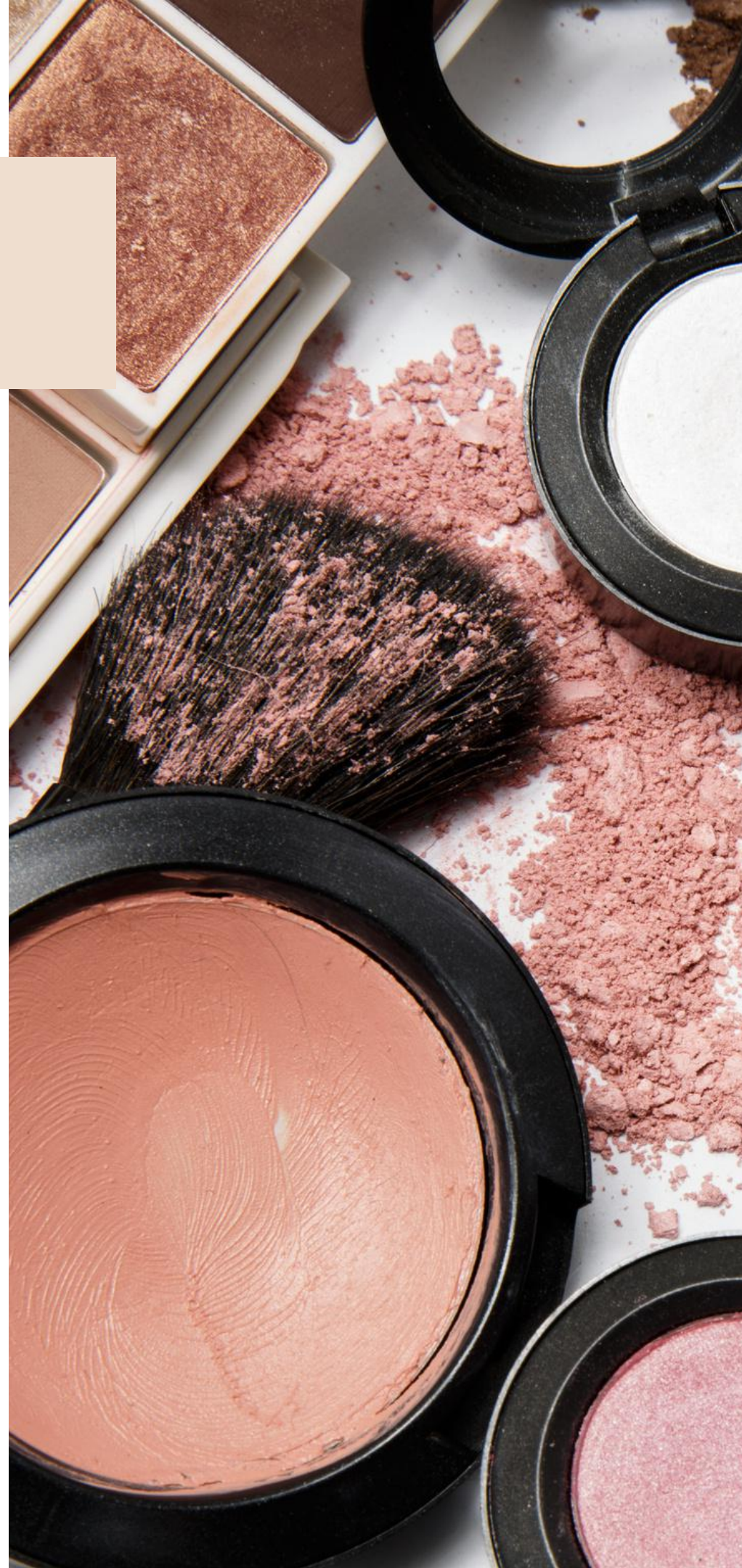
Savvy Minerals Makeup



WHY DITCH?

Conventional Makeup

- ✗ the beauty industry is one of the most unregulated industries
- ✗ many contain formaldehyde or a form of it, which is a known carcinogen
- ✗ often contain isobutyl and isopropyl parabens, which disrupt hormones and harm the reproductive system
- ✗ can be contaminated with heavy metals, including arsenic, cadmium, lead, mercury & nickel





WHY SWITCH? to Savvy Minerals Makeup

- ✓ bans more than 2,500 harmful ingredients
- ✓ infused with Young Living essential oils
- ✓ backed by Young Living's Seed to Seal quality commitment
- ✓ contains no sulfates, phthalates, mineral oil, animal-derived ingredients, synthetic fragrances, or synthetic dyes; vegan friendly & cruelty free



DITCH

Conventional
Household Cleaners



SWITCH

Thieves
Household Cleaner



WHY DITCH?

Conventional Household Cleaners

- ✗ can irritate the skin, eyes, nose, & throat
- ✗ can be highly poisonous to both humans & animals if swallowed
- ✗ often contain synthetic fragrance, which can lead to reproductive and developmental toxicity, allergies, respiratory problems, & more
- ✗ may contain antibacterial ingredients that can encourage the development of drug-resistant superbugs



WHY SWITCH?

to Thieves
Household Cleaner

- ✓ provides an effective, deep clean with the power of naturally derived, plant-based ingredients
- ✓ concentrated formula is easy to mix to create a variety of cleaning solutions for inside and outside the home
- ✓ safe to use around children & pets as directed
- ✓ infused with Young Living's signature Thieves premium essential oil blend



HEAVY DUTY

Bathroom Cleaner DIY

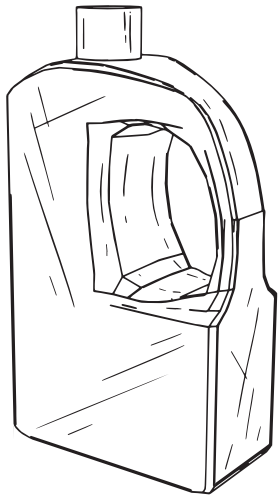
- ✓ 2 capfuls Thieves Household Cleaner
- ✓ Generous squirt Thieves dish soap
- ✓ 1 Tbsp vinegar
- ✓ 2 capfuls Thieves fruit & veggie wash
- ✓ 20 drops clove oil
10 drops lemongrass oil

Combine ingredients in 16-oz. glass spray bottle & fill with distilled water

Jacque
McLaughlin 
jacquemclaughlin.com

<https://jacquemclaughlin.com>





DITCH

Conventional Laundry
Soaps



SWITCH

Thieves Laundry Soap



WHY DITCH?

Conventional Laundry Soaps

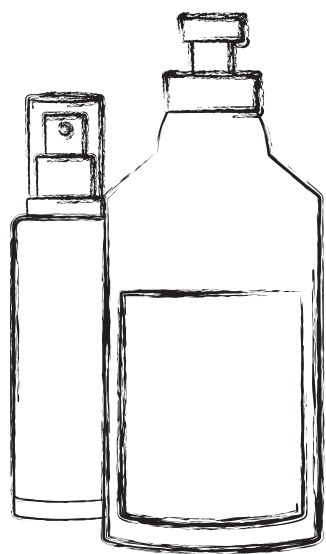
- ✗ may contain 1,4-dioxane, which may result in nausea, drowsiness, headache, and irritation of the eyes, nose, & throat
- ✗ may contain Sodium Lauryl/Laureth Sulfate (SLS), which can inflame skin, eyes, and lungs; and damage internal organs
- ✗ typically contain optical brighteners, which is an eye, skin, & lung irritant
- ✗ typically contain synthetic fragrances, which can lead to chemical sensitivity, allergic reactions, & rashes





WHY SWITCH? to Thieves Laundry Soap

- ✓ free from SLS, dyes, petrochemicals, formaldehyde, phosphates, synthetic perfumes, chlorine, and optical brighteners
- ✓ contains natural enzymes that combat dirt, stains, & strong odors
- ✓ formulated with gentle, plant-based cleansers that are safe for sensitive skin
- ✓ infused with Young Living's Thieves premium essential oil blend



DITCH

Synthetically-Fragranced
Lotions



SWITCH

Young Living Essential
Oil-infused Lotions



WHY DITCH?

Synthetically-Fragranced Lotions

- ✗ may contain petroleum-based mineral oil, which can irritate the skin causing a rash or burning feeling on contact
- ✗ may contain parabens, which can cause significant issues when they build up in your body
- ✗ typically contain synthetic "fragrance", which can be made up of thousands of harsh chemicals
- ✗ may contain PEGs, which can cause skin irritation & severe hypersensitivity reactions

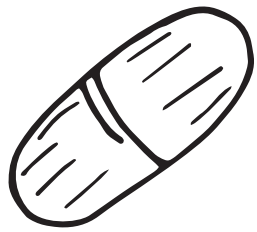


WHY SWITCH?

to Young Living Essential
Oil-infused Lotions



- ✓ formulated without parabens, sulfates, phthalates, or synthetic fragrances or colors
- ✓ infused with Young Living premium essential oils & backed by the Seed to Seal quality commitment
- ✓ contain an ultra-moisturizing blend of plant-derived oils & butters
- ✓ formulated to absorb quickly without leaving a greasy residue



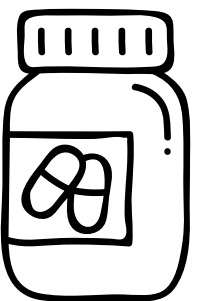
DITCH

Conventional
Supplements



SWITCH

Young Living Essential
Oil-infused Supplements



WHY DITCH?

Conventional Supplements

- ✗ vitamins can be synthetically, and legally, produced in a lab; they are not required to come from nature
- ✗ supplements do not require FDA approval before they are sold or marketed, nor is their safety required to be proven
- ✗ often contain inactive or poorly bioavailable nutrients
- ✗ often contain artificial sweeteners and dyes, which can lead to things like headache, joint pain, or increased inflammation





WHY SWITCH?

to Young Living Essential
Oil-infused Supplements

- ✓ cultivated, tested, and bottled under Young Living's Seed to Seal quality standard
- ✓ made with naturally derived, plant-based ingredients
- ✓ infused with Young Living premium essential oils, which increases its bioavailability in the body
- ✓ contain no artificial dyes, flavorings, or sweeteners

START

with the Easy Button



My favorite Starter Bundle for a low-tox home!

Thieves Home Loyalty Bundle (only available on Loyalty Rewards)



Item #: 43230

24% off all purchases for 1 year.
10 Loyalty Points with purchase.

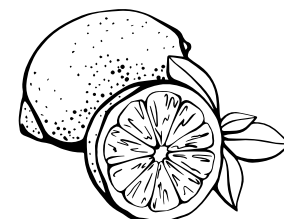
\$160 (huge savings)
Loyalty Rewards points earned each month - good towards future shop purchases

In your second month on Loyalty rewards, make sure you have a minimum of 50pv in your cart, and you'll receive a FREE diffuser! (Stress Away 15ml and Lavender 15ml would be great choices)



SWITCH

Young Living
Plant Based Living



<https://www.youngliving.com/us/en/product/thieves-home-loyalty-bundle?enrollerid=489107&sponsorid=489107>

START

With the Thieves Bundle



EASY

**For those who don't want to take advantage
of Loyalty Rewards, there's this Thieves
Bundle**



Item #: 33924

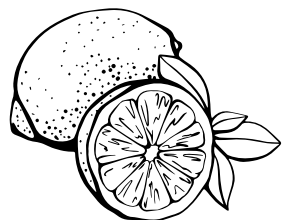
24% off all purchases for 1 year.

\$135 (huge savings)



SWITCH

Young Living
Plant Based Living



**[https://www.youngliving.com/us/en/product/thieves-bundle?
enrollerid=489107&sponsorid=489107](https://www.youngliving.com/us/en/product/thieves-bundle?enrollerid=489107&sponsorid=489107)**