

# Inner Boost and Balance™ stick packs



With inner wellness comes outer beauty.™ Get your skin care, multivitamin, and caffeine-free boost in one delicious blood-orange stick pack.

**Product Size:** 30 stick packs, 0.13 oz. (3.6 g) each  
**Item No.:** 45718

Inner Boost and Balance™ powder is more than a multi—it's a multitasking expert that helps fill nutritional gaps, support healthy skin and aging, cognitive function, and energy levels.\* Made with B vitamins, blood orange extract, and other naturally derived nutrients, it's a simple and delicious way to boost your best self from the inside out. What's more, all that goodness comes in a sustainable, on-the-go pouch.

## INGREDIENTS YOU'LL LOVE

**Blood orange extract:** Supports skin health and counteracts hyperpigmentation\*

**Natural B complex:** Maintains healthy energy levels & cognitive function\*

**Prebiotic fiber:** Supports healthy digestion\*

**Marine magnesium:** Provides over 70+ trace minerals

## HIGHLIGHTS



## FEATURES & BENEFITS

- Helps support healthy skin, digestion, energy levels, immune system, nervous system, and cognitive function
- Helps support a positive outlook\*
- May help reduce oxidative stress\*
- Delivers a boost of essential vitamins and minerals, antioxidants, and prebiotic fiber
- Contains only natural sugars
- Comes in a convenient and delicious blood orange stick pack

## DIRECTIONS

Stir 1 stick pack into 8 ounces of water daily and enjoy.

## SUGGESTED USES

- Carry a stick pack in your purse or gym bag to mix with water while you're on the go.
- Add it to your NingXia Red® drink for whole-body health support.\*
- Pair it with Inner Beauty™ Collagen in a morning mocktail that supports youthful-looking skin and healthy hair and nails.\*

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## INGREDIENTS

Organic agave inulin, Tapioca fiber, Seawater mineral blend (Magnesium citrate and trace minerals), Natural vitamin B-complex from dry organic quinoa sprouts (Thiamine, riboflavin, niacin, pantothenic acid, pyridoxine, biotin, folate, and cobalamin), Citric acid, Malic acid, Blood orange (*Citrus sinensis*) fruit extract, Silicon dioxide, Vitamin C (Ascorbic acid), Tarocco blood orange natural flavor, Natural sweetener (Rebaudioside M), Iron gluconate, Vitamin E (d-alpha tocopheryl acetate), Vitamin K2 (Menaquinone-7), Vitamin A (Beta-carotene), Vitamin D (Cholecalciferol), Orange (*Citrus sinensis*)<sup>†</sup> peel oil

<sup>†</sup>Premium essential oil

## SAFETY

Keep this product out of reach of children. Do not exceed the recommended dosage. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. If taken on an empty stomach, you may experience a temporary niacin flush/warming sensation.

## Supplement Facts

Serving Size 1 Stick Pack 0.13 oz. (3.6 g)  
Servings Per Bag 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	2.6 g	1%*
Dietary Fiber	1.8 g	6%*
Vitamin A (as Beta carotene)	12.5 mcg	1%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	5 mcg	25%
Vitamin E (as d-alpha tocopheryl acetate)	10 mg	67%
Vitamin K (as menaquinone-7)	20 mcg	17%
Thiamin (from dried quinoa sprouts)	0.45 mg	37%
Riboflavin (from dried quinoa sprouts)	0.5 mg	39%
Niacin (from dried quinoa sprouts)	6 mg	38%
Vitamin B6 (from dried quinoa sprouts)	0.65 mg	38%
Folate (from dried quinoa sprouts)	150 mcg DFE	38%
Vitamin B12 (from dried quinoa sprouts)	0.9 mcg	38%
Biotin (from dried quinoa sprouts)	11.25 mcg	38%
Pantothenic acid (from dried quinoa sprouts)	1.9 mg	38%
Iron (as iron gluconate)	5 mg	28%
Magnesium (as magnesium citrate from seawater)	36 mg	8%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

## PAIRS WELL WITH



Inner Beauty™ Collagen  
Item No. 40578



NingXia Red® drink  
Item No. 3042



Sulfurzyme® powder  
Item No. 3241



Lime Vitality™  
essential oil  
Item No: 5591