

## What Are Hormones?

Chemical messengers in your body that regulate:

- Metabolism
- Growth & development
- Tissue function
- Sexual function
- Reproduction
- Sleep
- Mood

## Did you know?

Hormonal imbalance can contribute to:

- Migraines
- Insomnia
- Weak bones
- Weight gain
- Hot flashes
- Mood swings
- Infertility
- Low libido



Continue to support your family's wellness every month with

## Essential Rewards (ER)

ER is an optional program that allows you to order a monthly wellness box with products of your choice. Order the same thing every month, or change it up.

## ER perks:

- Receive 10-25% back in ER points. Use ER points on future quick orders to get free products.
- Receive gifts at months 3, 6, 9, & 12.
- Eligible for monthly promotional gifts.
- and more!

Save more when you order an ER Kit:



Young Living

Independent Distributor

Use my member number to order your own PSK:

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## Hormones For Her



# Supplements



## Thyromin

Thyromin helps maximize nutritional support for healthy thyroid function.



## Cortistop

Cortistop is designed to aid the female glandular system and support healthy levels of Cortisol.



## Femigen

FemiGen combines whole-food herbs such as wild yam, damiana, and dong quai, along with synergistic amino acids and select essential oils designed to support the female system especially during childbearing years.

## EndoGize

EndoGize is created especially for women to support the entire endocrine system. It helps replace declining DHEA levels as you age.



# Powerhouse



## Dragon Time

This blend contains Fennel, Clary Sage, Marjoram, Lavender, Blue Yarrow, and Jasmine essential oils. Its aroma is sweet and herbaceous. Its balancing properties make it a perfect choice for supporting normal, healthy moods during the female monthly cycle.



## Clary Sage

Aromatically, it is uplifting and balancing to your mood and emotions. It can help alleviate occasional anxiety. Its uplifting fragrance may also improve cognitive function.



## Lady Sclareol

Created specifically for women, Lady Sclareol can be used to enhance your feminine nature. It can be alluring and seductive as a perfume and, like Clary Sage, can also help get you in the mood.

# Essential Oils



## EndoFlex Vitality

Endoflex Vitality supports your endocrine system, and more specifically your thyroid for metabolic and hormonal balance.

## EndoFlex

Dilute with V-6 oil and apply to neck and chest.

## SclarEssence Vitality

SclarEssence Vitality supports balanced hormones levels, especially estradiol and testosterone.

## SclarEssence

Apply topically to your belly or diffuse to lift your mood.



## Progessence Plus

This 100 percent plant-based serum features naturally-derived ingredients that help the product absorb easily into the skin.

Adding it to your daily routine can promote feelings of relaxation, harmony, and balance.