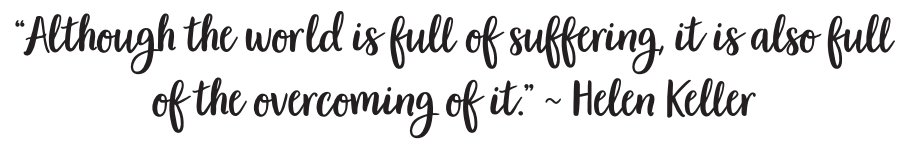




21 Days of Encouragement



A bottle of White Angelica™ capsules is shown against a background of horizontal lines. The bottle has a blue label with the text "WHITE ANGELICA™" in white. A sprig of the White Angelica plant, with green leaves and small white flowers, is positioned behind the bottle. A blue line graph is also visible in the background.

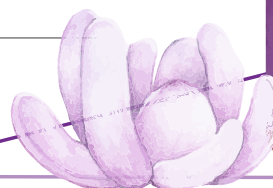
A purple jar of VALOR™ cream with a white cap, a sprig of blue flowers, and a purple lotus flower. The jar is labeled "VALOR™" and "NIGHT CREAM". The lotus flower is purple and the sprig of blue flowers is in the background.



A decorative illustration of a branch with blue and purple leaves, positioned in the top right corner of the page. The branch has several small, teardrop-shaped leaves in shades of blue and purple, with a brown stem. It is set against a background of horizontal lines.

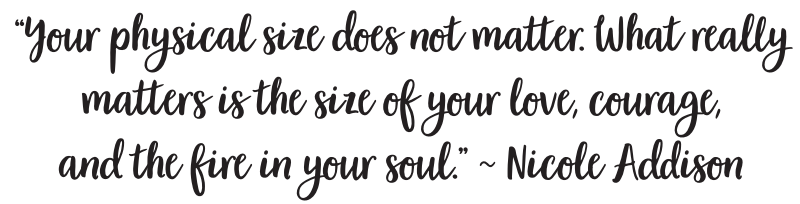


*"Just one small positive thought in the morning
can change your whole day." ~ Dalai Lama*

[illegible]



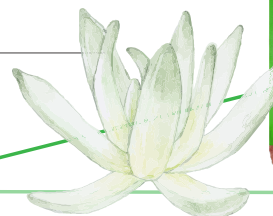
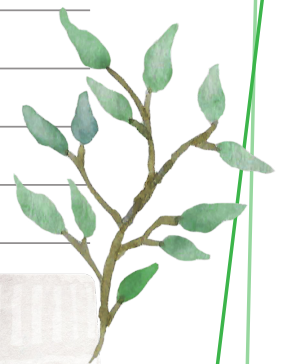
A watercolor illustration featuring a red bottle of 'Abundance' supplement with a white cap, a pink flower, and a green plant stem. The bottle has a label that reads 'ABUNDANCE™'. The background consists of horizontal lines, and a red line connects the bottle to the text 'Abundance' in the adjacent column.

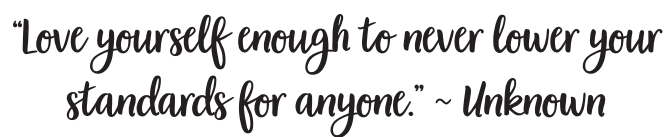
An illustration featuring a purple jar with a white lid, labeled 'INNER CHILD™'. To the right of the jar is a green sprig with several leaves and small berries. To the left of the jar is a purple lotus flower. The entire scene is set against a background of horizontal lines, with a purple line extending from the jar towards the right edge of the frame.

A purple jar of JOY™ jarred jam, surrounded by pink rosehips and a green sprig of rosehips. The jar has a white lid and a label that reads "JOY™". The background is white with horizontal lines.

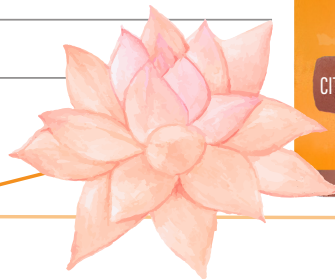
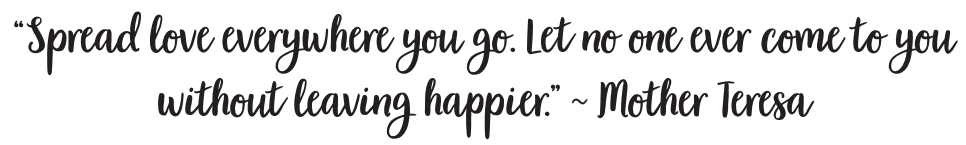
"Remember - most of your stress comes from the way you respond, not the way life is. Adjust your attitude, and all that extra stress is gone."

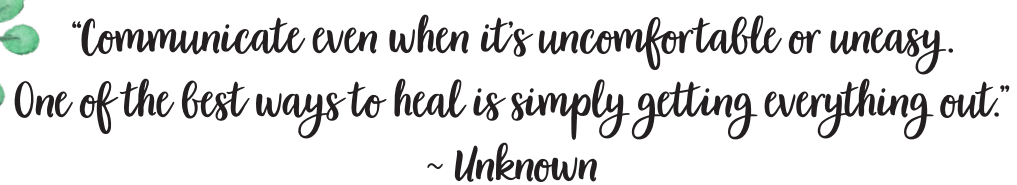
~ Unknown

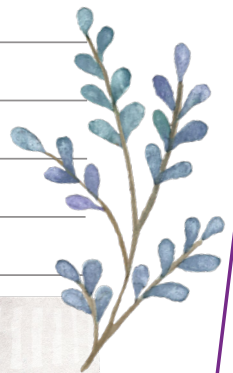




A bottle of Christmas Spirit candle with a red label and a white cap, surrounded by decorative floral and berry branches.



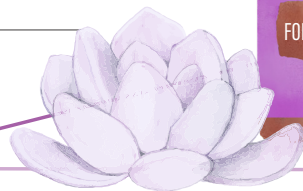
A stylized illustration featuring a purple bottle with a white cap and a label that reads "RELEASE™". To the right of the bottle is a green plant with several round, green buds. To the left of the bottle is a purple flower with multiple petals. The background is white with horizontal purple lines. A purple line connects the bottle to the flower.

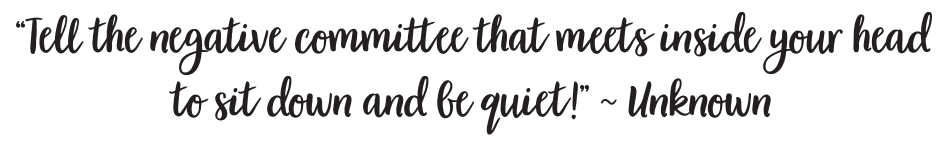
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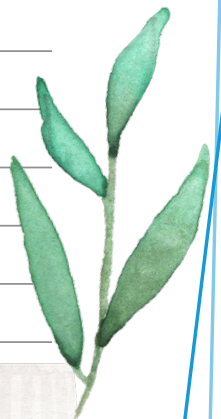
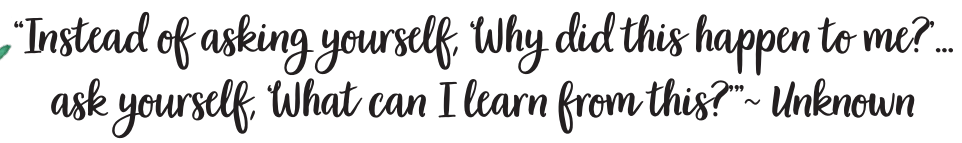




“Be

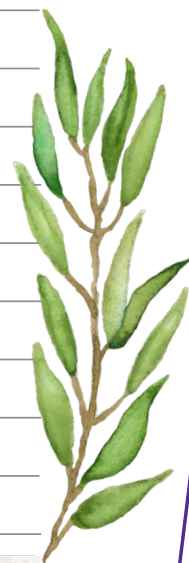
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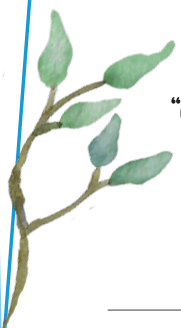






"A woman is like a tea bag - you can't tell how strong she is until you put her in hot water." ~ Eleanor Roosevelt





*"Our greatest freedom is the freedom to choose our attitude."
~ Viktor Frankl*

A series of horizontal lines for writing, spanning the width of the page.

