

November 2022

NEWSLETTER

NEW PRODUCTS!!!

Super Vitamin D

Young Living's plant-based Super Vitamin D is vegan-friendly, and completely synthetic-free.

Our Vitamin D is naturally sourced from sustainable lichen, a plant that's native to North America, Scandinavia and Asia, and been historically used in European traditional medicine.

Dissolvable in a delicious mixed berry-flavoured tablet, Super Vitamin D is a super source of vitamin D that contributes to the maintenance of normal bones and normal muscle function.



Balance Skin Care Range

When it comes to skin care, it's hard to tune out all of the noise, ads, and endless online tutorials and just get down to a straightforward solution that works for your skin. That's why we created BALANCE: to simplify skin care. The BALANCE Collection includes BALANCE Cleanser, BALANCE Dual-Phase Toner, and BALANCE Mattifying Lotion to make skin care simple and effective enough that it will stop being a nightly chore and become a treasured moment of clarity. Find some balance in your life with the BALANCE by Young Living Collection.



Bloom Brightening Cream

When it comes to skin care, it's hard to tune out all of the noise, ads, and endless online tutorials and just get down to a straightforward solution that works for your skin. That's why we created BALANCE: to simplify skin care. The BALANCE Collection includes BALANCE Cleanser, BALANCE Dual-Phase Toner, and BALANCE Mattifying Lotion to make skin care simple and effective enough that it will stop being a nightly chore and become a treasured moment of clarity. Find some balance in your life with the BALANCE by Young Living Collection.



Reach any of the following PV minimums with your November Essential Rewards order and earn these amazing free products!



FRANKINCENSE ESSENTIAL OIL

Frankincense essential oil has an earthy, uplifting aroma that's perfect for grounding and spiritual connectedness. Create a safe and comforting environment when you diffuse or inhale this empowering oil—a perfect opportunity to collect your thoughts. When you seek purpose, or engage in prayer or meditation, use this oil to enhance your experience.



JOY ESSENTIAL OIL

Joy™ is an uplifting blend of pure essential oils that creates magnetic energy and brings happiness to the heart, inspiring romance and togetherness. This blend is calming, balancing, uplifting and relaxing. Joy has an alluring and sweet scent, and can promote love, happiness, and confidence. Use Joy to help release emotional blocks.



GROUNDING ESSENTIAL OIL

Grounding™ is a balancing blend of scents used for feelings of clarity or to enhance spirituality. Emotional chaos can lead to bad decisions – use Grounding to help you cope with reality in a positive manner. This wonderful essential oil blend is relaxing, stabilising, and calming, and may help with restlessness or during times of chaos. Combine with Clarity or Brain Power essential oil blends to help improve focus.



R.C. ESSENTIAL OIL

R.C.™ Essential Oil is a powerful blend of Spruce, Cypress, and three types of Eucalyptus oils (E. globulus, E. radiata, and E. citriodora). Diffuse or apply it directly before, during, or after your workout. Its energetic aroma will help you stay motivated when you hit the weights, treadmill, or bike.

RECIPES & DIY

Goosey Chocolate Brownies with Frankincense Essential Oil

- 1 cup butter (room temp.)
- 1 cup each of organic white and brown sugar
- 3 eggs
- 2 tsp vanilla extract or essence
- 2 drops frankincense oil (to taste)
- 1½ cups chocolate chips, melted (milk and/or dark chocolate)
- 1¼ cups organic all-purpose flour (or gluten-free flour mix)
- ½ tsp sea salt
- ¼ tsp aluminum-free baking powder
- 1 cup chocolate chips (reserve for topping brownies)

Instructions

1. Preheat oven to 180°C and line a baking tin (approx. 22.8cm x 30.4cm) with baking paper.
2. Melt the 1½ cups of chocolate chips in a double boiler or in a pan over a simmering pan of water. Be careful not to get any water in the chocolate. Once melted leave over the hot water to keep warm until ready to use.
3. Using an electric mixer, combine the butter, white sugar and brown sugars together until creamy. You can also mix the brownies entirely by hand for a little workout.
4. Add eggs, vanilla and frankincense oil and mix well. Then add the melted chocolate and mix well and set aside.
5. In a large bowl mix together the flour, sea salt and baking powder. Then slowly fold in the wet mixture by hand and mix well.
6. Spread the mixture into the prepared baking tin and bake for approx. 20 minutes. Check and cover loosely with baking paper so they do not burn. Continue baking until the insides are a bit firmer for approx. 5 – 10 minutes longer. They should still be a little gooey, soft and chewy in the middle.
7. Remove from oven and sprinkle over the reserved 1 cup of chocolate chip and as they melt smooth them over the top of the brownies with a spatula. Alternatively, you can melt the chocolate chips pour over the brownie and spread around the top or drizzle the melted chocolate over the brownies after they have cooled a little forming a kind of lacy pattern. Allow them to cool before cutting into pieces.
8. You can also serve some of them warm from the oven topped with ice cream and a little melted chocolate. The brownies will keep for up to 5 days in an airtight container or you can freeze them for up to 1 month.

DIFFUSER BLENDS:

EVENING GROUNDING

4 drops Grounding
4 drops Valor
2 drops Tangerine
2 drops Black Spruce

SANTA'S HELPER

1 drop Cypress
2 drops Pine
2 drops Grapefruit
2 drops Joy

NESTLE DOWN

2 drops Frankincense
2 drops Lavender
3 drops Raven
2 drops Thieves

CHEST SERUM

Ingredients:

10ml Glass serum bottle
10 drops R.C EO
10 drops Peppermint
V6 Vegetable Oil Complex

Directions:

Combine oils in the bottle. Top with V6 Vegetable oil. Massage unto chest and throat and enhance the aroma to experience a sense of deeper breathing.

NOVEMBER PV PROMO



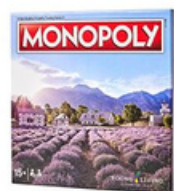
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145
PV TIER

190
PV TIER

250
PV TIER

400
PV TIER

1 x R.C.™ Essential Oil 5 ml

WHSL VALUE
\$17.75 AUD
\$19.00 NZD

1 x Grounding™ Essential Oil 5 ml

1 x R.C.™ Essential Oil 5 ml

WHSL VALUE
\$49.00 AUD
\$53.50 NZD

1 x Joy™ Essential Oil 15 ml

1 x Frankincense Wellness
Essential Oil 5 ml

1 x Grounding™ Essential Oil 5 ml

1 x R.C.™ Essential Oil 5 ml

WHSL VALUE
\$173.25 AUD
\$188.00 NZD

1 x Young Living Monopoly

1 x Joy™ Essential Oil 15 ml

1 x Frankincense Wellness
Essential Oil 5 ml

1 x Grounding™ Essential Oil 5 ml

1 x R.C.™ Essential Oil 5 ml

WHSL VALUE
\$233.25 AUD
\$251.00 NZD

What's happening this month?

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