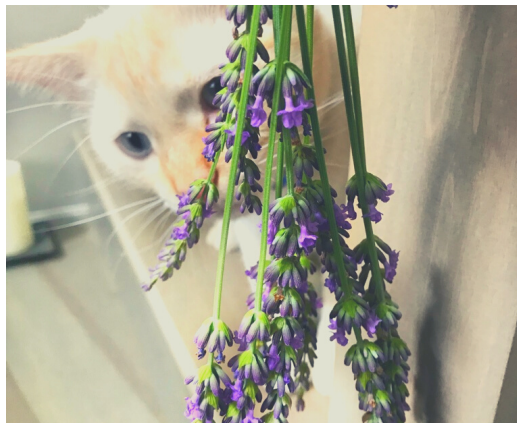
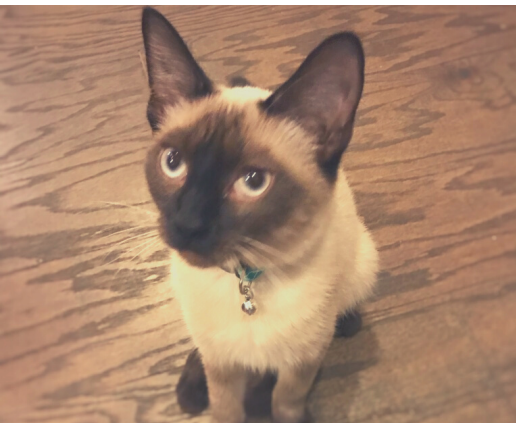


# Animal Safety

Compiled by Shoshana Church PAC MPAS



## Essential Oils & Animals



Animals have very sensitive skin. Anything that touches the fur or skin can be readily absorbed. It is very important to follow a few guidelines when it pertains to applying oils to you pets.

I have several pets: Sherman, Hazel, Henry and the new little one in our family, Rona. Jack is the only dog. There are several outdoor cats as well. My indoor animals are exposed to essential oils every day. They always have a way of escape if they aren't fond of an aroma of certain oils. We have never had an adverse outcome at all.

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\*Please be advised that oils are not meant to diagnose, treat or cure disease. Always consult your veterinarian. Be an advocate for the health of your pet and do your own research. Make sure you are using pure products!!

# What exactly are essential oils and why use them on your pets?

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They are volatile (evaporates quickly) natural aromatic compounds that come from plants. They are called essential because they contain the essence of the plant's fragrance from which it comes. They are extracted from different parts of the plants like the flower, leaves, stems, bark, resin, roots and rinds of fruits. The plants that are used have an innate ability to protect themselves in their environment from predators, environmental elements, bacteria and fungi.

Use oils to support your pets for the same reasons you use them. We share the same environment and are exposed to the same toxic threats so using them for your dog or cat is as beneficial for them as for us. Oils can be used for skin problems, joint and muscle aches, stomach and digestive issues to name a few.



With pets, there are some considerations to keep in mind. Your animal can't talk to you and tell you if they like an oil or not, but they can choose their own oils!!! What????? Yes, it's true. If you hold a bottle of oil under a cat's nose, he will smell it and if he likes it, he will continue to sniff and maybe even lick the bottle. If he doesn't like it, however, he will turn his head, or walk away! Nuf said!!!!

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A good man takes care of the needs of his pets. Proverbs 2:10a  
TPT



# Ways to Use Oils on Your Pets

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Animals are very sensitive to smells and their skin can also be sensitive. That being said there are several ways to use oils with your pets:

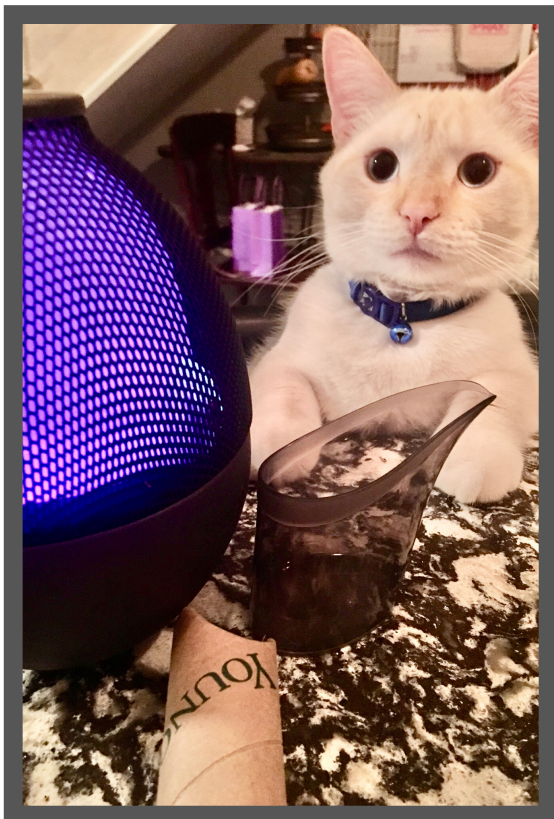
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## External methods of application:

**Diffusing:** using a water diffuser add a drop or up to 10-15 drops and carefully observe your pet for any signs of sensitivity or discomfort. Those signs might include coughing, sneezing, aversion, panting, drooling, squinting eyes. Keep in mind, too, that the smaller the space, the more the animal may be affected. Always plan a way of escape for your pet as well, so they can leave the space if needed.

**Passive diffusing:** place a few drops on a cotton ball and place in your pets sleeping area

**Spritzing:** make a blend of water and essential oil or a carrier oil with an essential oil and spray onto your pets fur.



**Dilute** essential oil with a carrier oil (coconut, grapeseed, jojoba, V6 are options) or add essential oils to shampoos and other grooming products. This method will get the oil onto the body where it is absorbed into the bloodstream.

**Compress:** Make a compress that is cold or warm and apply directly to the area of concern. Apply diluted essential oils to the area of concern and press the cold or hot compress to the area.

**Petting:** you can put about 10 drops of carrier oil (V6 from Young Living is a great choice) along with your chosen oil and pet your pet!

**Tipping:** this method applies diluted oils to the outside of your pets ears. Never apply oils directly into the ear of the animal

**Pet Jewelry:** look for pendant diffusers for dogs on facebook that they wear on the collar

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Our dog, Jack, had been injured. He was having trouble standing up. We used Brain Power on the tips of his ears and after 4 days of that, he started standing!!

## Internal Applications

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Many oils made by Young Living are safe to ingest and most of these same oils can be ingested by your pet as well. Try oils in water, in their food, or supplements like the Ningxia Red for increased antioxidant support. Oils that are applied to the fur or the pads of the paws will most likely be licked off so using these are safe to ingest.

Water is the best way to start introducing essential oils to your dog or cat. Be sure you are using oils from the GRAS (generally regarded as safe) list:

Copaiba  
Frankincense  
Lavender  
Lemon  
Peppermint  
Citrus Fresh  
Digize  
Thieves

The 5 ml vitality oils are labeled so you know they are safe to ingest for you or your pet.



## Oils & Cats

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Cats don't have a certain metabolic pathway (cytochrome P450) that enables them to break down oils. So.....care must be taken with cats in particular.



Let's talk about some cat specific issues. Cats can have mood swings, and allergies and stinky cat litter and fleas. Here are some recipes you can make for these problems.

### Flea Recipe for Cats

10 drops Lemongrass  
10 drops Tea Tree  
10 drops Eucalyptus  
10 drops Peppermint

(other options: Helichrysum, Patchouli, Citronella, Palo Santo, Spearmint, Dorado Azul, Black Pepper, Oregano)

Mix together in a small spray bottle with water. It is recommended to spray on your hand and pet your cat rather than spray directly onto the fur as the cat probably won't like that too much





## Litter Box Deodorizer Recipe

1 box baking soda

4-5 drops each of

lavender

Stress Away

Cedarwood

Gentle Baby

Purification

Inner Child or

Sacred Mountain

Put in a glass jar and shake or stir

Add 1-2 teaspoons to the litter box as needed



## Allergy Blend for Cats

10 drops each :

Lavender

Roman or German Chamomile

Copaiba

Frankincense

Hinoki

Add essential oils to 1 oz V-6 vegetable oil complex. Shake well and apply 2-3 drops to the tummy area as needed

## Oils to Avoid with Cats

Avoid internal usage of oils high in phenols with cats: wintergreen, basil, clove, oregano, melaleuca quinquenervia, thyme, mountain savory, tea tree, laurus nobilis, cinnamon bark

## Oils & Dogs



When we inhale oils, the small molecules of oils enter the nose and pass through the olfactory bulb and are directed into the limbic portion of the brain. That is why the oils are so powerful on emotions and feelings. Dogs have 220 million olfactory receptors making it waaaaay stronger than a human's. It is imperative to start slowly and introduce only one oil at a time.

## Aggression

Apply Valor to head, shoulders, chest area

Apply Grounding to paws

Apply 2 drops (dilute) Forgiveness over heart and abdomen

Follow with 2 drops release over the abdomen

Apply 1 drop T-Away or Trauma life to tips and flaps of ears

Finish by applying 2 drops White Angelica onto the spine

Feather in the oils, starting at base of spine and moving to the top

# Oils & Dogs cont'd

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## Anxiety

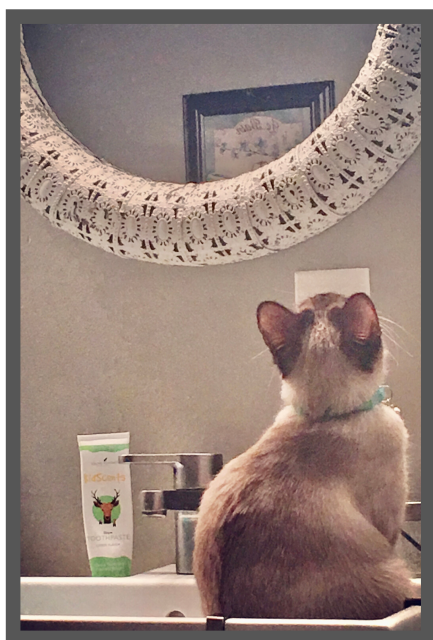
10 drops Lavender

5 drops Sacred Sandalwood or Royal Hawaiian Sandalwood

10 drops Roman Chamomile or German Chamomile

5 drops Geranium

Dilute with a carrier oil and apply as needed by petting specifically tops of paws, stomach or by the ears.



## Final Tips for Animals

Whether you have a dog or a cat keep in mind that these breeds are sensitive. Always start very slowly and very small doses.

Consider sense of smell

Consider density of follicles

Consider the size of the animal:

smaller animals dilute more with carrier oil

Use oils on your animals the way you would on yourself

Avoid oils with toxic chemicals

Never use in eyes or ears



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## Why Choose Young Living

Let's talk about what sets Young Living apart from other companies that produce essential oils. It is their Seed to Seal promise!!!! It is a no-brainer!!! When you are considering using a product on your pet that will help them physically and emotionally you can count on Young Living to provide oils and products that have been meticulously controlled from the time the chosen seed goes into the ground to the time it is distilled to when you receive it in your home. The chosen plants, roots, leaves, flowers, bushes and resins are free of chemicals and pesticides resulting in pure oil extractions. The science behind planting, growing, harvesting and distilling is exact and specific. It has to be if we expect a pure unadulterated product we know we can safely use. Check out this link for more information on the three pillars that include Sourcing, Science, Standards

[https://www.youngliving.com/en\\_US/discover/seed-to-seal](https://www.youngliving.com/en_US/discover/seed-to-seal)



# Oils Formulated for Animals



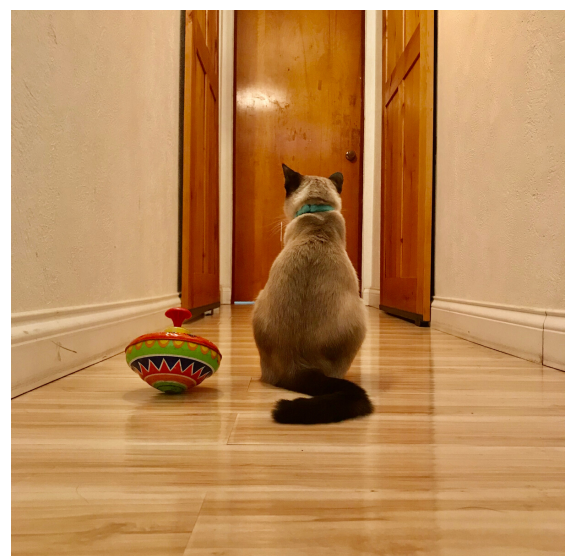
**Puriclean:** use this one for cleaning. Make a spritzer with a spray bottle and distilled water or a roller bottle for more specific cleaning.

**MendWell:** this is a blend of cleansing and soothing oils. Use this topically, so simply pop a roller fitment on the bottle or put a drop in your palms for a puppy massage!

**Infect Away:** this is similar to puriclean. Use as a spritzer or a roller bottle. Apply after a trip to the dog park or the vet.

**T-Away:** diffuse, indirectly apply by rubbing in your palms and petting your pet. This is a good for animals scared if storms.

**Paragize:** similar to digize, this is good to settle tummies. Apply directly to the abdomen. Be sure to dilute well.



# Thank You!!