



Guacamole

Ingredients

- 2 medium avocado
- 2 Tablespoons finely diced red onion
- 2 Tablespoon jalapeno (or 1 green onion for no heat)
- 3 Tablespoons lime juice (lemon can be used for start with 2 TB and taste)
- 1 teaspoon salt
- ½ teaspoon cumin
- ½ teaspoon chili powder
- 1 fresh garlic pressed
- 1/4 cup finely chopped cilantro

Instructions

Mash avocado in a bowl, add lime juice and all gently stir in remaining ingredients.

Stir and serve as dip or in bowls, taco salad, and burritos.

