

INSTRUCTIONS

OVERVIEW

In order to apply for a religious exemption, it is very important to follow the policy and procedures of the entity making the request. Obtain from them a copy of their policy mandating a vaccination as terms for your employment or college attendance. Identify what form you must fill out or what process you must follow to correctly submit your exemption request. Find out when it must be submitted by, and how to submit it (email, mailed, etc.).

Be courteous in your correspondence and don't hesitate to ask clarifying questions on the above items to ensure you comply correctly and on time with your submission.

You may be provided a form to fill out, and if you are unable to include the full details of your religious beliefs, you should consider including a longer letter like the example provided and reference that as an attachment to the form you are submitting.

CUSTOM LETTER FROM CLERGY/PASTOR

If your organization is required personalized letter from a religious leader, there are options available to work with pastors to provide you specific letters if you don't have someone to work with in your own church:

<https://www.thehealthyamerican.org/religious-exemption-letter>

DO NOT MAKE IT POLITICAL

Claiming a religion by name or claiming to be a member of a religious group is not describing a belief. Further, social, political, or economic philosophies, as well as mere personal preference, will not be considered "religious tenet or belief" for the purposes of a religious exemption.

SAMPLE LETTER

The following is only a template letter. You will need to edit and customize the letter to ensure it is a personalized reflection of your deeply held religious beliefs.

Note, items and text highlighted in yellow are indications of where changes or data entry is required for your customized letter.

To Whom It May Concern,

DESCRIBE YOUR RELIGIOUS PRACTICE IF APPROPRIATE. WHAT CHURCH DO YOU ATTEND FOR INSTANCE?

As a New Covenant Christian, my religious beliefs, guiding principles for my life, and foundations of my moral decision making come from the example of Jesus Christ and the teachings of the Bible.

My firmly held religious beliefs include the following teachings:

¹⁶ "Don't you know that you yourselves are God's temple and that God's Spirit dwells in your midst? ¹⁷ If anyone destroys God's temple, God will destroy that person; for God's temple is sacred, and you together are that temple." 1 Corinthians 3:16-17

¹⁹ "Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies." 1 Corinthians 6:19-20

Accordingly, I believe, pursuant to my **New Covenant Christian** faith, that my body is a temple of the Holy Spirit. It is a God-given responsibility and requirement for me to protect the physical integrity of my body against unclean food or any other substance that would be taken into it.

Vaccines contain neurotoxins, hazardous substances, attenuated viruses, animal parts, foreign DNA, albumin from human blood, carcinogens and chemical wastes that are proven harmful to the human body. (Please see <http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/b/excipient-table-2.pdf>).

The additives in vaccines are considered contaminants from a Biblical standpoint. In addition, the contaminants themselves are also often contaminated. (Please see <http://www.ncbi.nlm.nih.gov/pubmed/20456974>).

The broad prohibition against consuming anything that might "defile" the body, and hence the conscience, is stated again in 1 Corinthians:

⁷ "But not everyone possesses this knowledge. Some people are still so accustomed to idols that when they eat sacrificial food they think of it as having been sacrificed to a god, and since their conscience is weak, it is defiled." 1 Corinthians 8:7

Again in 2 Corinthians, there is this admonition against defiling the flesh and the spirit:

¹ "Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God." 2 Corinthians 7:1

More broadly, the New Testament of the Bible requires Christians: ¹⁷ *"Give back to Caesar what is Caesar's and to God what is God's."* Mark 12:17. When it comes to consuming things into our own bodies, vaccines violate my compliance with God's law and therefore my deeply held religious beliefs.

Vaccines, with their numerous additives, and their mechanism for altering the human body, is the equivalent of a prohibited "unclean food" that causes harm to my deeply held religious conscience.

Even more concerning and offensive to my beliefs is the use of MRC-5, stem cell lines, aborted fetal cells, or other human or animal DNA in vaccines. **I must reject, on moral grounds, all COVID-19 vaccines that have any connection to any of these ingredients in their development, testing, or production.**

Vaccines would be disruptive and could permanently alter my temples which is my body. **An example for some of the COVID vaccinations being promoted include messenger RNA (mRNA) which is a single-stranded RNA molecule that is complementary to one of the DNA strands of a gene.** God formed me in perfect design: ¹³ *"For you created my inmost being; you knit me together in my mother's womb. ¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."* Psalm 139:13-14

I believe in and follow these and other **New Covenant** Christian beliefs based on the principles of the Bible as God has laid out in His Holy Word and through His example on earth, Jesus Christ. It is my sincere belief that receiving a vaccination would violate these beliefs.

In active practice of my Christian faith, through the teachings of the Bible, I do profess these as deeply held religious beliefs in my faith of the teachings of Jesus Christ.

Respectfully,

YOUR NAME