



Plants & Oils

SWITCH AND DITCH FORM

Instagram: @plantsandoils

Household

- ☐ All Purpose Cleaner → THHC
- ☐ Bathroom Cleaner → THHC
- ☐ Floor Cleaner → THHC
- ☐ Window Cleaner → THHC
- ☐ Dryer Sheets → Wool dryer balls & EO
- ☐ Candles & Plugins → Diffuser
- ☐ Room Spray → DIY Room Spray with EO
- ☐ Surface Wipes → Thieves Wipes
- ☐ Hand Sanitizer → Thieves Waterless Hand Purifier
- ☐ Deodorizer → Baking Soda & Purification EO

Babies & Children

- ☐ Baby Lotion → Seedlings Baby Lotion
- ☐ Baby Oil → Seedlings Baby Oil
- ☐ Baby Wash → Seedlings Baby Wash
- ☐ Diaper Cream → Seedlings Diaper Cream
- ☐ Linen Spray → Seedlings Linen Spray
- ☐ Baby Wipes → Seedlings Baby Wipes
- ☐ Kids Toothpaste → KidScents Slique Toothpaste
- ☐ Kids Shampoo → KidScents Shampoo
- ☐ Kids Body Wash → KidScents Body Wash
- ☐ Probiotic → Kidscents MightyPro

Other Must-Haves

- ☐ Sunscreen → Mineral Sunscreen Lotion SPF 10/50
- ☐ Aftersun → LavaDerm Aftersun Spray
- ☐ Cough Drops → Thieves Cough Drops
- ☐ Energy Drinks → NingXia ZynG
- ☐ Supplements → Various YL Options
- ☐ Insect Repellent → Insect Repellent
- ☐ Pain Cream → Cool Azul Pain Relief Cream
- ☐ Pet Products → Various YL Options
- ☐ Bath Bombs → Lavender & Stress Away Relaxing Bath Bombs
- ☐ Car Freshener → Car Vent Diffuser w/ EO

Kitchen & Laundry

- ☐ Vegetable Cleaner → Thieves Fruit & Veggie Soak
- ☐ Laundry Detergent → Thieves Laundry Soap
- ☐ Degreaser → THHC & Lemon EO
- ☐ Fabric Softener → White Vinegar & EO's
- ☐ Dish Soap → Thieves Dish Soap
- ☐ Dishwasher Detergent → Thieves Automatic Dishwasher Powder
- ☐ Hand Soap → Thieves Foaming Hand Soap

Bath & Beauty

- ☐ Toothpaste → Various YL Options
- ☐ Deodorant → Various YL Options
- ☐ Mouth Wash → Thieves Mouth Wash
- ☐ Dental Floss → Thieves Dental Floss
- ☐ Makeup → Savvy Minerals
- ☐ Acne Treatment → Maximum Strength Acne Treatment
- ☐ Facial Toner → Art Refreshing Toner
- ☐ Face Serum → Art Renewal Serum
- ☐ Eye Cream → Wolfberry Eye Cream
- ☐ Moisturizer → Art Light Moisturizer, Orange Blossom Moisturizer
- ☐ Facial Cleanser → Art Gentle Cleanser, Orange Blossom Facial Wash
- ☐ Wrinkle Cream → Boswellia Wrinkle Cream
- ☐ Brightening Cream → Art Sheerlume
- ☐ Facial Scrub → Mint Satin Facial Scrub
- ☐ Foot Scrub → LavaMint Softening Foot Scrub
- ☐ Shampoo → Various YL Options
- ☐ Conditioner → Various YL Options
- ☐ Lip Balm → Various YL Options
- ☐ Shave Cream → Mirah Shave Oil/Shutran Shave Cream
- ☐ Aftershave → Shutran Aftershave Lotion
- ☐ Lotion/Body Butter → Various YL Options

*THHC= Thieves Household Cleaner
*EO = Essential Oils