

Insert photo here

2020 Vision

Priorities:

Self Care: HALTS-P

Nourish:

Water

Vitamins _____

Meals

Sunshine

Rest

Friends/Fun

Music

Exercise

Marriage

Goals & Dreams:

Children

Goals & Dreams

Family

Goals & Dreams

Work/Finances

Goals:

Earn: _____/mo

Invest: _____/mo

Donate: _____/mo

Dreams: _____

Action Steps:

Notes

Lists

To Do

Brain Dump

Reflections & Inspiration

Wins

Recipes

Schedules