

Mind Body Spirit Release™ Cold Laser

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A Cold Laser (also called a low-level laser) puts effective healing frequencies into our body so that our body system can efficiently use this energy for restorative health. Cold lasers were first approved by the FDA in 2001 and, as medical technology advances, the technology becomes more innovative and applicable to health matters.

To give a better idea of how it works, a cold laser delivers light energy (in non-thermal photons) into the cells. The photons are then absorbed by the cells and stimulate the mitochondria. By creating a biochemical response, the energy accelerates the healing process and promotes healing. This type of therapy can be used by either targeting points, like acupuncture does, or by broad spectrum, like IR.

The cold laser light penetrates 2-5 centimeters below the three layers of skin. Most cold lasers emit 45 billion light particles (photons) every second, and even though clothing restricts laser light from reaching the skin to some degree, enough photons pass through the clothing to create a therapeutic effect.

Mind Body Spirit Release's™ unique laser is further enhanced by the proprietary frequencies encoded into it. This healing imprint has been created through decades of practice and contributions from several Heights of Health's practitioners in order to raise the vibration of the recipient and accelerate the self-healing process.

When using the laser over certain meridians and reflex points, the body's stress response is mitigated. When this happens, the body is allowed to release toxic/detrimental energy that has been restricting the healing flow within the system and deeper healing can begin.