

Practitioner Record Keeping
Session Record Form - Session 1

Name _____

Date of birth _____

Current Date _____

What they tell you their symptoms are:

What they say they want to experience as a result of working with you. (This is where you want them to specifically verbalize that a positive experience is possible and that they are able to put it in their own words. Help or coach them with this if necessary).

What is a major trauma that you experienced in your life? To what degree, from 0-100, 100 being full resolution, do you feel this is resolved?

What is something that happened to you that you feel is difficult in your life or that causes you sadness or anxiety when you think about it?

What is one past event or belief that you feel could be slightly connected to what you are experiencing today?

Test these panels to begin to understand them and to begin to see the patterns

Record the top 2-3 red and blue items

Today's Stress:

Body Systems:

Organs:

Glands:

Digestion:

Enter all these items in Progressive Insights with nothing else.

Results of Progressive Insights #1

Results of Progressive Insights #2

Results of Progressive Insights #3

Conclusions

Once the Progressive Insights #3 has been analyzed, add in Emotions and Flower Essences before the 3rd balancing.

Emotions

Flower Essences

Results of Progressive Insights #4

Flower essence 1 and meaning:
Flower essence 2 and meaning:
Flower essence 3 and meaning:

To ask yourself: What is the common theme? How do these emotional lessons/strivings fit together? Share this with your client in a gentle and supportive way.

Session 1: Create a water remedy with the 3 Top Flower Essences. Take 5 drops twice per day for 7 days.

Have the client return for the 2nd session in 3-7 days, taking the remedy until that time that they return.

Session 2:

Digestive Focus

Digestion Panel

Healing chronic cases assessment 1 - Digestive

Healing chronic cases assessment 2 - GI Hormones and nervous system

Chronic cases assessment 3 - Helpful Probiotics

Include the most important screens from Session 1

Flower Essences

Emotions (less or more)
