

Practitioner Record Keeping
Session record form - Session 2

Session 2: Session 2 is an opportunity to focus on the digestive system

What did you experience during after Session 1?

What did you experience when taking the water remedy?

What is your most limiting belief about yourself that you can think of right now?

Digestion Panel (main part of program)

Healing chronic cases assessment 1 - Digestive

Healing chronic cases assessment 2 - GI Hormones and nervous system

Chronic cases assessment 3 - Helpful Probiotics

Include the most important screens from Session 1

Flower Essences

Emotions (less or more)

To ask yourself: What is the common theme? How do these emotional lessons/strivings fit together? Share this with your client in a gentle and supportive way.

Session 2: Create a water remedy with the 3 Top Flower Essences. Take 5 drops twice per day for 7 days.

Have the client return for the 3rd session in 3-7 days, taking the remedy until that time that they return.