



# How to Make Progress & Produce Desired Results in 2022

Coach Tina  
Sept 7-9th



*How to*

*Make Progress &*

*Produce Desired*

*Results*

Empowering Champions

**3 DAY CHALLENGE (9/7 TO 9/9)**



# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

Day 1: LEARN

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# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

Day 1: HW Assignment

**SUCCESS FORMULA**

- On or before \_\_\_(date)
- I will \_\_\_(insert measurable goal)
- So that \_\_\_(insert dream)\_\_\_ happens
- By my doing (list 3 actions you'll take)
- And when this becomes a reality I will celebrate by \_\_\_(insert reward)
- Because \_\_\_(insert affirmation)\_\_\_

Complete then measure  
"how true it feels to you"  
on scale of 0-10  
(ten being I totally can do this!)



# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

Day 2: GROW

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# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

Day 2: Suggested Action:  
Follow Link to get your  
FREE PLANT  
(Your Plan for Transformation):



<https://usemotion.com/meet/tina-p6b1gmf>



# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

Day 3: SHARE

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3 Day Challenge

Day 3: Suggested Action:  
Become a Foundational Member of OO  
Life Academy Today!

Regular Membership Rate  
Will be \$20 per month.

Discounted Challenge Rate  
\$7/mo or \$22 for the remainder of 2022.



<https://tinagering.com/landing/oo-life-academy>





# How to Make Progress & Produce Desired Results in 2022

3 Day Challenge

September ONLY Special:  
Become a Foundational Member of OO  
Life Academy this month and get this  
Mastermind.com Course for only \$2.

Get This Course Today

**\$17.00**

Coupon Code



<https://tina-gering-llc.mastermind.com/masterminds/37246>