



- If you ever feel stuck trying to sort through the dynamics of a situation, and are trying to understand why things feel *off* or frustrating, when you're trying to figure out where the boundaries need to be, this is is a great activity to do.
- Using the table below, make a list of all the things happening in a relationship, and on which side of the boundary line each of these elements are falling right now.
- Then take a highlighter to the list. Highlight very element on your side of the property line that doesn't belong there and visa versa.
- Your boundaries work would be to return all the property to its respective owners.

Mine      Theirs