

OIL	EMOTION	OTHER SIDE	WAY OUT	ALARM POINT	CHART
Lavender	Abandonment	At-one-ment	<i>I embrace all of life's experiences</i>	Small Intestine	E,F,G,H
Lavender	Criticism	unconditional love and acceptance	<i>I Receive</i>	Skin	F
Lavender	Unfoldment (fear of)	openness	<i>I allow movement</i>	Raphe Nucleus	B,F
Frankincense	Dizziness (vertigo)	Directed	<i>I take back my movement</i>	Ear, Middle	B
Frankincense	Worthless (feeling)	Approval	<i>I am valuable</i>	Gums/Teeth	B,E
Frankincense	"F- YOU"	Detachment	<i>I stand in my power</i>	Ego	E,H
N.L.B.S.	Attack (psychic)	Harmony	<i>I am centred</i>	Filter	B,F
Lemon	Sadness	Joy	<i>I see the humor in the situation</i>	CNS/Lymph	A,B,C
Lemon	Stuck	Transformed	<i>I experience</i>	Sinus	A,E,G,H
Lemon	Suffocated	Breath	<i>I can breath</i>	Pleura	C
Peppermint	Failure	Unfoldment	<i>I accept growth</i>	Thymus	A,C
Peppermint	Dependence (fear of)	Freedom	<i>I am self-sufficient</i>	Thalamus	A,B,E
Peppermint	Restriction	Mobility	<i>I am open to new experiences</i>	Medulla	B,F
Peppermint	Rigidity	Amusement	<i>It's a cosmic game</i>	Heavy Metals (ASIS)	E
Digize	Disillusioned	Substance	<i>I see the reality</i>	Appendix	D,H
Thieves	Different	Real	<i>I embrace consciousness</i>	Mold	D
Thieves	Sneaky	Direct	<i>I am clear</i>	Common Bile Duct	C,H
Thieves	Uncertain	Focused	<i>I am clear and focused</i>	Saliva Glands	B
Panaway	Exhaustion	Energy	<i>I nurture myself</i>	Muscle	F
Panaway	Emotions (fear of)	Feeling	<i>I let go and allow</i>	Fascia	E,H
Panaway	Pain	Vibrant	<i>I am alive</i>	Injury	E,F
Copaiba	Lies	Truth	<i>Wisdom</i>	Spinal Cord	B,F
Copaiba	Not Getting Enough	Content	<i>I am satisfied</i>	Stomach	C,E,G,H
Purification	Anger	Laughter	<i>My direction is clear</i>	Liver	C,D,G,H

Purification	Alone (being)	United	<i>Be all here</i>	Staph	B
Purification	Rejection	Acceptance	<i>I accept all that I am</i>	Lung	C,G,H
Purification	Seeing (fear of)	Awareness	<i>It is safe to see</i>	Eye (on hands and feet only)	G,H
Purification	Negative or Erroneous Thoughts	Truth	<i>I let go of illusions</i>	Bacteria	D
Purification	Recognition	Freedom	<i>It is safe to be seen</i>	Filter	B,F
Purification	Violence	Direction	<i>I express peace</i>	Liver	C,D,G,H
R.C.	Depletion	Rejuvenated	<i>I take care of myself</i>	Lymphatic Congestion	C