

A wooden desk with a white bowl of yellow liquid, a green plant, and a pair of glasses.

Colloidal Silver: The precious metal that heals you!

BY JANELLE BASS

LIVINGWELLWITHJANELLE.COM

ADVANCED SICK DAY STRATEGIES

You can heal yourself at home.

There is more to medicine than the doctors office. Sometime in the past 100 years, our knowledge and proficiency of healing modalities began to degrade. Traditional medicine was replaced with "conventional/western" medicine, which is purely allopathic. The fact is that traditional medicine is constantly proven and better understood by science.

But you don't need to understand the science to use it, no more than you need to understand the intricacies of hydraulics to hit the brakes on your car. At one time, you didn't know how to use your car. Then someone pointed to the brakes, showed you how to place your foot on it and how to maneuver it...and you drove.

It is the same with traditional medicine.

You are in the driver seat of your health, and nobody knows how to drive it better than you.

I believe all people have the wisdom inside of them to seek and complete the healing modalities best for them.

In this book, you will find information and education on natural modalities.

It's purely informational and not intended to diagnose, treat, prevent or cure any diseases or conditions.

Consider me your driving mentor.

I'll point to the brakes, show you how to use them, and then let you decide when, where and how to drive.

When you choose to use the modalities here, you are taking full responsibility for your own health.

I believe in you.

Janelle

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These statements have not been evaluated by the FDA. They are educational only and not intended to diagnose, treat or cure any diseases or conditions. Always consult your medical provider before beginning any supplements.

by Janelle Bass | livingwellwithjanelle.com



A Crash Course In Colloidal Silver

From its historical significance to its efficacy in treating various conditions, we will uncover the potential of this remarkable substance, Colloidal Silver. and how you can easily use it at home.

What is Colloidal Silver?

Colloidal silver refers to a suspension of silver particles in a liquid, usually water. These tiny silver particles, typically measuring between 1 and 100 nanometers, are evenly dispersed throughout the liquid, forming a colloidal suspension. Colloidal silver is renowned for its potent antimicrobial properties, making it a popular alternative remedy in medicine, household applications, and wellness routines.

What's The History Here?

Ancient civilizations, including the Greeks, Romans, and Egyptians, recognized its antimicrobial effects. In the early 20th century, before the advent of antibiotics, silver compounds were widely used to combat infections. Today, colloidal silver has experienced a resurgence in popularity as people seek natural remedies and alternative health solutions. It's even used in hospitals!

How Does It Work?

The main mechanism by which Colloidal Silver "works" is by releasing silver ions that have antimicrobial properties. These silver ions have the ability to interfere with the metabolic processes of various microorganisms, including bacteria, fungi, and viruses, thereby inhibiting their growth and proliferation - microbe birth control! Additionally, colloidal silver may stimulate the immune system, enhancing the body's natural defense mechanisms.

EXTRA SECRETS FOR SUCCESS

Often when fighting an infection, the person has an idea "where" the infection is. While taking Colloidal Silver internally is always an option, you can speed recovery by getting the silver as close to the infection as possible. That means ear infections get it dropped inside the ears, it should be gargled for throat infections, and so on.

Medicinal Uses for Colloidal Silver

Promoting Wound Healing with Colloidal Silver

Studies have shown that colloidal silver can facilitate wound healing by reducing the risk of infection and promoting tissue regeneration. It creates an unfavorable environment for bacteria, preventing their growth and colonization in the wound. Additionally, colloidal silver may help reduce inflammation, supporting the body's natural healing processes.

Supporting Oral Health

Colloidal silver has found its way into the realm of dentistry and oral health as well. It possesses antimicrobial properties that make it a valuable adjunct in oral hygiene practices. Colloidal silver-based oral care products, such as mouthwashes and toothpaste, have been developed to help combat bacteria and reduce plaque formation. These products may assist in preventing oral infections, such as gingivitis and periodontal disease, by inhibiting the growth of harmful bacteria in the oral cavity.

Colloidal Silver for Lung Health

Nebulizing colloidal silver has gained attention as an approach for promoting lung health. When colloidal silver is converted into a fine mist using a nebulizer, it can be inhaled, allowing the silver particles to reach the respiratory system. This gets the colloidal silver to the "source" of infection in the case of colds and lung infections, so the silver can immediately begin targeting bacteria, viruses, and fungi in the lungs. Additionally, colloidal silver is believed to have anti-inflammatory properties that could assist in reducing inflammation in the respiratory tract.

Environmental Uses of Colloidal Silver

Colloidal silver extends beyond medicine and skincare, finding applications in various household settings. It can be used to disinfect surfaces, sanitize cutting boards, and purify kitchen utensils. By incorporating colloidal silver into your cleaning routine, you can create a healthier living environment for you and your family.

Air and Water Purification

The antimicrobial properties of colloidal silver make it an effective agent for air and water purification. It can help neutralize bacteria, viruses, and other harmful microorganisms present in the environment. Air filters infused with colloidal silver can reduce airborne pathogens, while silver-based filters can be used to purify drinking water, promoting better overall health.

Immune Support and Gut Health with Colloidal Silver

Research suggests that colloidal silver may positively impact gut health by promoting a balanced microbiome. While the exact mechanisms are still being explored, silver's antimicrobial properties may help regulate the gut flora by reducing harmful microorganisms. A healthy gut microbiome is vital for overall well-being and immune function.

Medicinal Uses for Colloidal Silver

Treating Candida Infections with Colloidal Silver

Candida is a type of yeast that can cause infections, particularly in moist areas of the body. Colloidal silver has been studied for its potential efficacy against Candida overgrowth. Research suggests that silver ions can disrupt the cell membranes of Candida, inhibiting their growth and reducing the severity of candidiasis.

Battling Bacterial Infections with Colloidal Silver

Silver has long been recognized for its antibacterial properties. Studies have demonstrated that colloidal silver can effectively combat various bacterial strains, including antibiotic-resistant ones. It can inhibit the growth of bacteria by damaging their cell membranes and interfering with their enzyme systems. This makes colloidal silver a promising option for fighting bacterial infections. It's also been studied with use in tandem with conventional antibiotics, proving to reduce recovery time with no known contraindications!

Colloidal Silver's Efficacy Against Viral Infections

While research on the antiviral effects of colloidal silver is still ongoing, preliminary studies have shown promising results. Silver nanoparticles have been found to possess antiviral activity against certain viruses, including respiratory viruses. Colloidal silver may inhibit viral replication and attachment, reducing the severity and duration of viral infections.

Healing Properties for Skin Conditions

Colloidal silver is often utilized in the management of various skin conditions due to its antimicrobial and anti-inflammatory properties. It can help combat bacteria and fungi that may contribute to skin infections, such as acne, eczema, and dermatitis. Moreover, its soothing effect can promote faster healing and alleviate discomfort.

Topical Uses of Colloidal Silver

Colloidal silver can be applied topically in various forms, including creams, gels, or sprays. It can be used to cleanse wounds, soothe burns, and aid in the treatment of skin infections. The gentle nature of colloidal silver makes it suitable for sensitive skin, providing a natural alternative to harsher chemical-based products.

EXTRA SECRETS FOR SUCCESS

Many times, those using traditional medicines, like colloidal silver, approach usage the same way they've been trained to approach conventional medicine - take morning and night. While this sometimes holds true for wellness maintenance, when fighting an active infection it's important to treat the body hourly at a minimum. That means taking/applying the colloidal silver every hour, on the hour or more until better.

12 Ways to Use Colloidal Silver for Health

1. You can drink a few tablespoons full a day to help boost immunity and prevent infections.
2. You can drink a few ounces at a time to rapidly eliminate food poisoning or other "tummy bugs." It's great to carry when traveling - add to everything you eat or drink!
3. You can brush your teeth with it to prevent decay and bacterial plaque buildup and support gum health.
4. You can put it into a spray bottle and "huff" it deeply into your lungs or use in the nebulizer to help quickly heal nasty upper respiratory infections.
5. You can soak your feet in it to eliminate athlete's foot and toenail fungus.
6. You can lightly spray it on your scalp after washing and drying, to eliminate dandruff (often a candida overgrowth).
7. You can put a few drops in your eyes to eliminate sties, Pink Eye and other eye infections virtually overnight.
8. You can put a few drops in your ears to eliminate earaches in a single day or two.
9. You can spray it on cuts and scrapes to prevent infection and stimulate rapid healing.
10. You can spray it on burns to soothe the skin and stimulate rapid healing.
11. You can spray it on shingles infections to quickly relieve the pain and trigger rapid healing.
12. You can spray it on insect bites to soothe and relieve the pain, and help prevent infection from setting in.





THROAT SOOTHING SIPPER

Comfortably Hot Water

Raw Honey to taste

1 small squeeze lemon

2 Drops YL Copaiba

**1 TBS or more of
Colloidal Silver**

This is gentle and has no
"hot" oils in it; acceptable
for children.

May be used as often as
desired.

Bass Family Nebulizer Cocktail

¼ cup distilled water

¼ tsp Sodium Ascorbate OR (¼ tsp
Ascorbic Acid + 1 large pinch of
Baking Soda)

*Dissolve powders into water. Store
sealed for up to 4 hours.*

To use, pour into the nebulizer
cup:

6cc of Nebulizer blend (above),
1 full dropper of Colloidal Silver
1 drop of Iodine 2%

For very small children/sensitive
lungs, add more colloidal silver or
distilled water to the nebulizer cup
and less Vitamin C. Eliminate
Iodine if needed for sensitivity.

Saline Recipe

1 cup distilled water

1 scant tsp Celtic Salt

Mix until dissolved.

Store covered.



**Dispense your CS into
various bottles
to administer it easily
to the right places!**

EXTRA SECRETS FOR SUCCESS

The nebulizer recipe above, and additional nebulizer and wellness recipes + uses are outlined in detail in the Advanced Sick Day Guide, available for purchase at livingwellwithjanelle.com. This printable guide + bonus video are priceless!



7 Ways to Use Colloidal Silver in Your Home

1. Drinking Water Dispensers -

The reservoir or holding tank in your drinking water dispenser (or that of your pet) is largely unseen, and can easily become contaminated with bacteria or mold. Add 1 TBS of colloidal silver per gallon of water each time you change the water.

2. Food Leftovers -

Food poisoning is serious business; restaurant leftovers are particularly susceptible to bacterial contamination. Lightly spray leftovers with colloidal silver, to keep them fresh longer, or stir a splash into liquids before storing.

3. Canning and Preserves -

To prevent mold and fermentation when canning and making preserves, simply add 1 tsp. of colloidal silver per quart to your jars before sealing.

4. Underneath Kitchen and Bathroom Sinks -

Lightly spray colloidal silver under your kitchen and bathroom sinks, to prevent mold and mildew, and to disinfect and eliminate musty smells. Be sure to ventilate and let dry thoroughly.

5. Mopping -

Even well-rinsed mops can harbor bacterial and mold, which you can inadvertently spread all over your floors when mopping. Help keep your mop free from potentially harmful microbial growth by adding 1/2 cup of colloidal silver to your mop water as a safe, powerful antimicrobial.

6. Toilet Seats and Handles -

These are probably the most bacterially contaminated surfaces in your entire house.

Between regular cleanings, lightly spray colloidal silver onto toilet seats and handles in order to prevent excessive microbial buildup. Allow it to air dry. It can also be sprayed on any bathroom surface!

7. Counter Tops, Door Knobs + Surfaces -

Countertops and door knobs in your home can harbor far more bacteria than you may think, even if you clean them frequently. But you can alleviate this problem simply by spraying them lightly with colloidal silver and allowing them to air dry, or by wiping them with a cloth that has been soaked in colloidal silver, and wait six minutes before drying with a dry towel.



How To Get Colloidal Silver

How to get this incredible substance into your hands.

Buy Premade

I have two recommendations.

If you know someone with a CS Generator or have your own, this is preferable for freshness and cost.*

To purchase from a company by mail, my recommended brand is linked on the Advanced Shopping Guide Page.

Buy A Machine

I recommend purchasing from:

thenaturalhealthlibrary.com

chriscolloidal.com

Both of these suppliers also have online communities with in-depth instructions.

For most uses, 10ppm is sufficient. Home brewers will produce between 10-20ppm.

I do not recommend the use of "capped" Colloidal Silver. Do not pay a premium for these adulterated products.

*If you live locally to me (Central Florida) I offer Colloidal Silver generated by me in my home for a reduced price. Contact me directly if you would like some.



SHOPPING GUIDE

[Food-Grade H2O2](#)

[Colloidal Silver](#)

[Mouthwash](#)

[Essential Oils](#)

[MSM](#)

[Dessicated Liver](#)

[Vitamin C](#)

[Celtic Salt](#)

[Charcoal](#)

[Recommended Vitamin Powders](#)
([Allergy Defense](#), [Immune Defense](#), etc).

[Recommended Liver + Adrenal Support](#)
[Tinctures](#)

[Nasal Spray Bottles](#)

[Roller Bottles for Essential Oils](#)

[Nebulizer Machine](#)

[Trace Minerals + Magnesium](#)

[Probiotics](#)

[Iodine](#)

Clickable links can also be found at: livingwellwithjanelle.com/page/advanced-sick-day-shopping-guide

MY WINNING PROTOCOL

Use this space to write your own personal protocol!
If you've scheduled a consultation, bring this paper with you.

COLLOIDA SILVER: THE PRECIOUS METAL THAT HEALS YOU!



This is just the beginning.

Dear friend, I pray that you may enjoy good health and that all
may go well with you, even as your soul is getting along well.

3 John 1:2

Now that you have this information, you are equipped to make
even better decisions on your healing choices.

If you want more instruction, reach out to me for 1:1
consultation options.

I look forward to serving you!

Janelle

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Insta + FB: [@janellembass](https://www.instagram.com/janellembass)

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