

DATE: _____

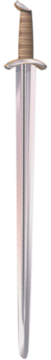
0 1 2 3 4 5 6 7 8 9 10
My Level of *Empowerment* at start

Essential Oil or Botanical : _____

Prayer



Today I Am Grateful for:



Today I Forgive: _____

Today I Pray for:



My Question or Petition: _____

Scripture(s) or Reading(s): _____

Today's Inspirations and/or Notes:

My Action Step(s):

☐

☐

Date



Today's Decrees: 1. _____



2. _____

3. _____

Closing Prayer

0 1 2 3 4 5 6 7 8 9 10
My Level of *Empowerment* NOW!