

Declaration Creation Worksheet

Questions to ask yourself

What traits do I admire in others?

Who do I look up to?

Who is/are my heroes?

What traits do I admire in them?

Beginning statement starters

I am...

I inspire...

I empower...

I create...

I attract...

I encourage...

I make...

Positive quality traits sample list



Able	Clever	Faithful	Intuitive	Practical
Accepting	Comminicative	Fearless	Inventive	Pro-active
accomplished	Compassionate	Forceful	Kind	Quick-witted
accountable	Conscientious	Forgiving	Loving	Quiet
Active	Considerate	Frank	Loyal	Rational
Adaptable	consistent	Friendly	Modest	Reliable
admirable	cooperative	Funny	Motivated	Relateable
Adventurous	Courageous	Frugal	Neat	Reserved
Affable	Courteous	Generous	Nice	Resourceful
Affectionate	Creative	Gentle	Obedient	Romantic
Agreeable	Curious	Good	Open	Self-confident
Ambitious	Decisive	Graceful	Optomistic	Sensible
Amiable	Dependable	Gracious	Organized	Sensitive
Amicable	Determined	Grateful	Passionate	Serious
Amusing	Diligent	Gregarious	Patient	Shy
appropriate	Diplomatic	Happy	Persistent	Serving
appreciative	Devoted	Harmonious	Peaceful	Sincere
attentive	Discerning	Humble	Perceptive	Sociable
authentic	Discreet	Humorous	Perservant	Spiritual
Aware	Dynamic	Hard-working	Persistant	Strong
Balanced	Easygoing	Helpful	Persuasive	Sympathetic
Brave	Effective	Honest	Professional	Thankful
Bright	Eager	Humerous	Philosophical	Thrifty
Broad-Minded	Emotional	Imaginative	Pioneering	Thoughtful
Calm	Energetic	Impartial	Placid	Tidy
Capable	Enthusiastic	Independent	Plucky	Tough
Careful	Exuberant	Itellectual	Polite	Versatile
Charming	Fair-Minded	Intelligent	Powerful	Willing