



monthly drop

FROM OUR OILY HOME TO YOURS

MARCH 2018

get to know: THIEVES CLEANER

SHAMROCK SHAKE

blend

3



3 DROPS OF STRESSAWAY



ST. PATTY'S DAY BLEND

1 DROP OF SPEARMINT

1 DROP OF PEPPERMINT



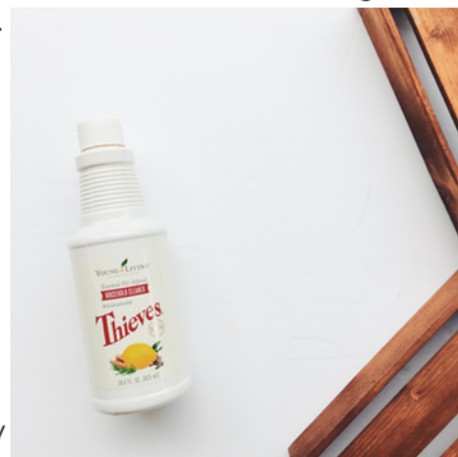
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A clean, beautiful home invites family and friends to come together. But when your cleaning leaves a strong, chemical scent, others might not want to gather. Create a welcoming home that's safe for everyone with the fresh and inviting scent of Thieves Household Cleaner.

Formulated with the power of Young Living's Thieves oil blend, you can get a deep clean without dangerous or synthetic ingredients. Thieves Cleaner also includes the scent of Lemon essential oil for an even more uplifting aroma.

ITEM #3743 | \$22.50 | 22.50PV



WHY GO GREEN ANYWAY?



The National Institute of Occupational Safety and Health studied 2,983 ingredients in our products at home—and found 884 toxic ingredients!

+ 314 caused biological mutations. 218 caused reproductive problems.

+ 778 were toxic to the human body.

+ 146 caused cancerous tumors—but were allowed in the United States (Even though they were banned in other countries around the world.)

There are 100,000 chemicals on the market today. The Toxic Substance Control Act of 1976 grandfathered them in. What does that mean for you and me? Sadly, these chemicals have not had any rigorous safety testing, and we know very little about their long term side effects.

Under the TSCA, manufacturers are protected by secret trade laws that allow them to keep their ingredients lists a secret. Which effectively keeps us in the dark about what we're really exposing ourselves to.

What happens when your body is chemically overloaded? Unfortunately, some people see it in something as catastrophic as cancer. But most of us feel it in other ways: lethargy, brain fog and inability to focus, sleep trouble, chronic inflammation and unexplained pain, Even skin issue, like adult acne and chronic eczema can be a sign of toxic overload. Hormonal imbalances, hot flashes, stress, anxiety, and fear may also signal an overload in toxic chemical exposure. If you face any of these issues, it's time to kick chemicals to the curb. You can control what you allow within the walls of your home. Our Thieves product line is plant-based, environmentally friendly, and crazy effective!

beauty tip:

TURN BACK TIME



Looking to restore that youthful glow? Geranium, Patchouli, and Frankincense may help tighten aging skin while encouraging skin cell turnover. Geranium has astringent properties, and Patchouli and Frankincense have smoothing effects and may also help control skin oiliness and other common skin issues.



When essential oils are inhaled, the molecules go straight to our limbic system - the emotional center of the brain. Years of research and testing shows that essential oils have a powerful effect on cognition and emotions - it's really quite amazing!

To help release feelings of sadness, diffuse Lemon essential oil and practice saying this affirmation throughout your day: "I choose to no longer be sad. I am focused on all the good in my life and choose to live every day with joy."

According to *Releasing Emotional Patterns with Essential Oils* by Carolyn L. Mein, D.C., the alarm point on the human body for sadness is the lymph point found on the upper throat region, just under the chin. Apply a drop or two of Lemon and repeat your affirmation 3 times daily for 30 days.

Caution: Lemon is a photosensitive oil so do not use on throat before spending time in the sun. You may want to use it in the evening before going to bed.



ditch&switch

Spring is the air and it's the perfect time for spring cleaning? It is time to clean up, clear out, and say goodbye to the things that no longer serves us!

This month we will look at many areas - air, home, emotions, and body. Spring is about rebirth and renewal! Who is ready to get started?

DITCH

CANDLES
ROOM SPRAYS
AIR FRESHENERS
PLUG INS



SWITCH

DIFFUSER
DIY AIR FRESHENER

DEGREASER
BATH + SHOWER
CLEANER
MULTIPURPOSE
CLEANER
CARPET CLEANER
TILE + GROUT CLEANER



THIEVES HOUSEHOLD
CLEANER

LAUNDRY SOAP
FABRIC SOFTENER



THIEVES LAUNDRY
SOAP + DRYER BALLS

SOAP
SHAMPOO
CONDITIONER



BATH & SHOWER
GEL BASE
LAVENDER MINT
SHAMPOO
LAVENDER MINT
CONDITIONER

March Shopping List

100 PV

Premium Starter Kit with Essential Oils (Yes, you can choose to buy another Premium Starter Kit - \$300 worth of product for \$160, plus another diffuser for the home!) or replace any of the Starter Kit oils that are running low. You can also grab the Thieve Starter Kit to jump start your Ditch & Switch journey!

190 PV

#3967 Thieves ER Kit
#3539 Eucalyptus Globulus
#3575 Lavender
#3614 Peppermint
#3578 Lemon

PV TOTAL: 191

250 PV

190 order, plus:
#3659 Ylang Ylang
#3560 Grapefruit

PV TOTAL: 250.25

300 PV

190 order, plus
#4890 NEW 5 Day Nutritive Cleanse

PV TOTAL: 315.75



#knowbetterdobetter

meet an oiler: JANET

WHAT IS YOUR FAVORITE ESSENTIAL OIL?

That has to be like the hardest question to answer! I love so many! My current favorite to diffuse at night is Idaho Balsam Fir. It has a very relaxing aroma to me. And I'm all about getting good sleep.



WHAT'S ON YOUR ESSENTIAL REWARDS ORDER EVERY SINGLE MONTH?

Ningxia Red!!! I have been drinking this daily for the last 4 years. I truly believe it has boosted my immune system and I love the sustained energy it gives me. I don't have sugar or snack cravings and have mental and physical energy that lasts all day.

WHAT WAS YOUR LIFE LIKE BEFORE YOUNG LIVING?

I had no knowledge of how powerful and life changing essential oils can be. I really can't imagine my life without them now!

WHY DID YOU START THE YOUNG LIVING BIZ?

It just started naturally as I shared my excitement and began learning more and more about the multitude of benefits of Young Living's oils. When I started receiving paychecks that helped me pay for my orders, that was exciting too! Now I can see the bigger picture. This is the greatest opportunity for abundant income for whatever your goals may be.

Add a couple drops to a
CLEAN CLOTH
for
FRESH CLOTHES.

#YLtip

YOUNG LIVING
ESSENTIAL OILS

Healing Faith Uganda

A person dies every 60 seconds from malaria in Africa. A majority of those deaths are children under the age of five. It's a disease that far exceeds the death toll of HIV/AIDS. Since 2011, Healing Faith Uganda has been a champion in the fight against malaria in Eastern Uganda and we were thrilled to partner with them in 2015.

Healing Faith Uganda provides malaria education, prevention, and treatment to families and children. They focus on the smaller, more remote villages where families have limited access to aid and children are more susceptible to malaria.

In 2016, the foundation helped Healing Faith increase its impact by 1,000%! They've gone from hanging 400 nets in a month to more than 4,000 a month, thanks to the generous contributions of our donors.

Through Healing Faith Uganda, a single donation of just \$5 provides a mosquito net that can protect three to four children from malaria.



Round up

#PENNIESFORCHANGE

- + In your VO, go to Essential Rewards and click on *Change Payment*.
- + Check the *Automatic Round Up* option, and save changes.
- + All of your Young Living orders, including Essential Rewards and Quick Orders will now round up automatically!
- + 100% of each Round Up donation goes directly to those in need.