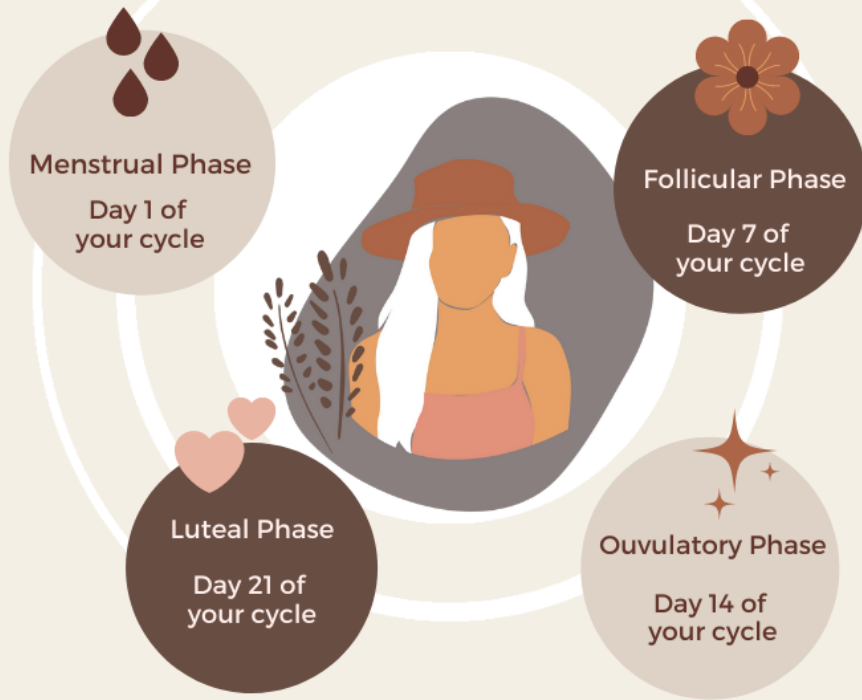


The 4 phases of your cycle



Track your cycle calendar

Mon	Tue	Wed	Thru	Fri	Sat	Sun