

My 2022 Vision

DATE:

REVIEW DATE:

BIG GOAL FOR 2022

WHY IS THIS GOAL IMPORTANT TO YOU?

WHAT IN YOUR LIFE WILL CHANGE AFTER HAVING MET THIS GOAL?

WHAT THOUGHTS WILL YOU THINK ABOUT YOURSELF?

WHAT NEW BELIEFS WOULD YOU NEED TO CULTIVATE ABOUT YOURSELF IN ORDER TO REACH THIS GOAL?

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WHAT OBSTACLES DO YOU FORSEE GETTING IN THE WAY OF YOU ACHIEVING THIS GOAL? HOW DO YOU PLAN TO SOLVE FOR THEM?

WHAT WOULD HAPPEN IF YOU DON'T REACH YOUR GOAL THIS YEAR?

WHAT IF YOU ARE EXACTLY WHERE YOU ARE NOW...SIX MONTHS FROM NOW? WHAT ARE YOUR THOUGHTS ABOUT THIS?

WHAT MIGHT YOU BE WILLING TO GIVE UP IN ORDER TO REACH THIS GOAL?
