



Roller Recipes

Take the following recipes and add each essential oil to a 10 mL bottle. Top off with YL V6 oil, grape seed oil, or fractionated coconut oil and add the roll-on top.

to

→ to view these recipes longer, hold down on the image.

"A

is for A+ Altendance

10 drops Frankincense 10 drops Lemon 10 drops Thieves





"D" is for Daydreamer

10 drops Present time 5 drops Sacred Mountain



10 drops En-R-Gee 10 drops Peppermint 5 drops Abundance

is for

is for Fearless

5 drops Stress Away 5 drops Lime 5 drops Tangerine



10 drops PanAway 5 drops Copaiba 5 drops Lavender

`H"

is for

Homework Helper

10 drops Vetiver10 drops Lavender10 drops Cedarwood10 drops Frankincense

"I" is for Immune

5 Thieves 5 Oregano 10 Frankincense 10 Lemon

J is for

5 drops Orange 5 drops Ylang Ylang 5 drops Jasmine 5 drops Cardamom 5 drops Clary Sage

"K" is for Kindness

10 drops Christmas Spirit

"L" is for Learning

10 drops Brain power 5 drops Rosemary 5 drops Clarity





15 drops Rosemary 15 drops Lavender 15 drops Geranium



Oh, hormones

5 drops Dragon Time 5 drops Frankincense 5 drops Copaiba

is for Pep Rally

10 drops Orange 5 drops Peppermint



10 drops Bergamot 5 drops Vetiver

is for Refresh

10 drops Purification 5 drops Citrus Fresh

is for Sleep

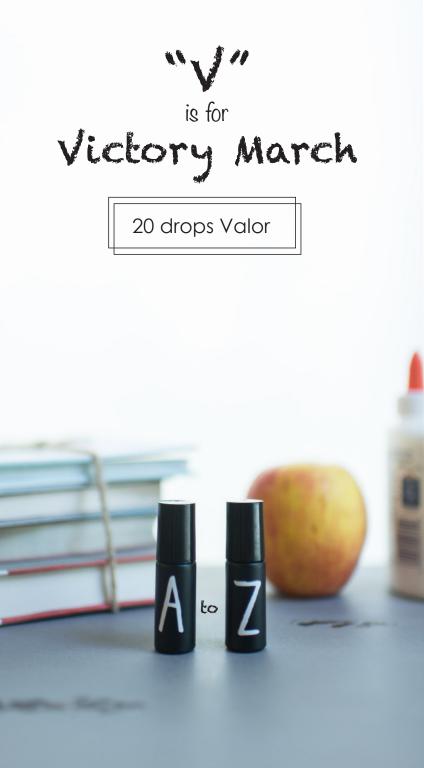
5 drops Lavender 5 drops Cedarwood 5 drops Roman Chamomile



5 drops Valor 5 drops Release 5 drops Orange

"U" is for Uplifting

10 drops Believe 10 drops Idaho Balsam Fir





10 drops Lemon 10 drops Peppermint



is for

X-tra Creative

5 drops Genyus 5 drops Tangerine 5 drops Clary Sage 5 drops Peppermint

"А 11 is for Yuckies

10 drops Raven 5 drops DiGize



10 drops Northern Lights Black Spruce 7 drops Tangerine

