



Letting Go of Holiday Perfection: Releasing Stress and Embracing God's Peace

Scripture

“Peace I leave with you; My peace I give you... Do not let your hearts be troubled.” – John 14:27

Reflection

This season isn't about achieving flawless decorations or capturing picture-perfect moments. It's a time to remember the Prince of Peace, who came close so you could find your breath again.

Scripture

“My presence will go with you, and I will give you rest.” – Exodus 33:14

Reflection

True peace doesn't stem from your accomplishments; it originates from the One who embraces you. Allow His presence to calm your heart today.

Practice

Choose one expectation to let go of today. Surrender it in prayer, trusting Jesus to carry the burden you cannot bear.

