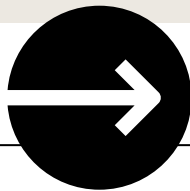




# SIMPLE SWAPS FOR A SAFER HOME

## DITCH



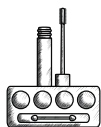
## SWITCH

### ✗ PLUG-INS & CANDLES



- can emit VOCs
- may contain endocrine disruptors
- often contain synthetic fragrance

### ✗ CONVENTIONAL MAKEUP



- many contain formaldehyde or a form of it
- often contain isobutyl and isopropyl parabens
- can be contaminated with heavy metals

### ✗ CONVENTIONAL HOUSEHOLD CLEANERS



- can irritate the skin, eyes, nose, & throat
- often contain synthetic fragrance
- can be highly poisonous to both humans & animals if swallowed

### ✗ CONVENTIONAL LAUNDRY SOAPS



- may contain 1,4-dioxane
- may contain Sodium Lauryl/Laureth Sulfate (SLS)
- typically contain optical brighteners & synthetic fragrances

### ✗ CONVENTIONAL SUPPLEMENTS



- vitamins can be synthetically produced in a lab
- often contain inactive or poorly bioavailable nutrients
- often contain artificial sweeteners and dyes

### ✓ YOUNG LIVING ESSENTIAL OILS & DIFFUSERS



- backed by Seed to Seal
- can purify the air with premium EOs
- create a relaxing environment

### ✓ SAVVY MINERALS MAKEUP



- infused with Young Living essential oils
- contains no sulfates, phthalates, mineral oil, animal-derived ingredients, synthetic fragrances, or dyes

### ✓ THIEVES HOUSEHOLD CLEANER



- contains naturally derived, plant-based ingredients
- safe to use around children & pets as directed
- infused with Young Living essential oils

### ✓ THIEVES LAUNDRY SOAP



- free from SLS, dyes, petrochemicals, formaldehyde, phosphates, synthetic perfumes, chlorine, and optical brighteners
- formulated with gentle, plant-based cleansers & YL essential oils

### ✓ YOUNG LIVING ESSENTIAL OIL-INFUSED SUPPLEMENTS



- made with naturally derived, plant-based ingredients
- infused with Young Living essential oils
- contain no artificial dyes, flavorings, or sweeteners

# Subscribe to Save

*Build your wellness lifestyle one box at a time.*



## Young Living's monthly autship program.

Unlock a **24% discount** on all subscription and one-time purchases when you enroll. You'll also qualify to earn Loyalty Rewards points and gifts when you spend 50 PV or more on your monthly subscription box.

## HOW TO EARN *Loyalty Gifts*

You can earn free loyalty gifts every three months for the first year and once a year thereafter by making **consecutive** 50 PV subscription orders every month.



3 months



6 months



9 months



12 months

## HOW TO EARN *Loyalty Rewards Points*



less than 50 PV	.....	no points
50 PV or more, not consecutive	.....	10% back in points
50 PV or more consecutively, months 1-3	.....	10% back in points
50 PV or more consecutively, months 4-24	.....	20% back in points
50 PV or more consecutively, months 25+	.....	25% back in points

## EXCLUSIVE BUNDLES & Monthly Gifts

Being a part of the Subscribe to Save program gets you access to exclusive money-saving bundles as well as monthly promotional gifts based on your total order PV.

*Ready to jump in?*

Contact me at [MelodyRisser@gmail.com](mailto:MelodyRisser@gmail.com), and we will find some oils & products to match your needs!



# DITCH & SWITCH CHECKLIST



It's time to transfer your purchases! Use this checklist to prioritize each area of your home.  
Take the money you have been spending on traditional, toxic products and  
use it to purchase cleaner choices from Young Living!

## **Personal Care:**

- ☐ Shampoo
- ☐ Conditioner
- ☐ Body Wash
- ☐ Facial Cleanser
- ☐ Toothpaste
- ☐ Dental Floss
- ☐ Mouthwash
- ☐ Deodorant
- ☐ Body Lotion
- ☐ After Shave
- ☐ Beard Care
- ☐ Hand Soap

## **Skin Care:**

- ☐ Facial Cleanser
- ☐ Facial Toner
- ☐ Facial Moisturizer
- ☐ Eye Cream
- ☐ Skin Brightening Cream
- ☐ Make-up Remover Wipes
- ☐ Mineral Sunscreen Lotion 50 SPF
- ☐ Lavaderm After Sun Spray
- ☐ Insect Repellent

## **Beauty Items:**

- ☐ Savvy Minerals Foundation
- ☐ Savvy Minerals Blush
- ☐ Savvy Minerals Bronzer
- ☐ Savvy Minerals Eyeliner
- ☐ Savvy Minerals Eye Shadow
- ☐ Savvy Minerals Lipstick
- ☐ Savvy Minerals Lip Gloss
- ☐ Savvy Minerals Mascara
- ☐ Savvy Minerals Concealer
- ☐ Savvy Minerals Make-up Brushes

## **Cleaning/Fresh Home:**

- ☐ Thieves Household Cleaner
- ☐ Thieves Tile & Bath Scrub
- ☐ Thieves Sanitizing Wipes
- ☐ Diffuser/Essential Oils

## **Kitchen:**

- ☐ Thieves Dish Soap
- ☐ Thieves Dishwasher Powder

## **Laundry Care:**

- ☐ Thieves Laundry Soap
- ☐ Wool Dryer Balls/Essential Oils

## **Pantry:**

- ☐ Einkorn Pancake & Waffle Mix
- ☐ Einkorn Flour
- ☐ Einkorn Granola
- ☐ Einkorn Pasta
- ☐ Einkorn Cereal Flakes
- ☐ Wolfberry Crisp Bars
- ☐ Vitality Essential Oils

## **Supplements:**

- ☐ Super B
- ☐ Super C
- ☐ Super D
- ☐ Protein Complete
- ☐ Multigreens
- ☐ Master Formula
- ☐ Life 9 Probiotic
- ☐ Inner Defense
- ☐ OmegaGize
- ☐ SuperCal Plus
- ☐ Essentialzymes
- ☐ Sleep Essence

## **For Babies:**

- ☐ Seedlings Baby Wipes
- ☐ Seedlings Diaper Rash Cream
- ☐ Seedlings Baby Wash & Shampoo
- ☐ Seedlings Baby Lotion
- ☐ Seedlings Baby Oil
- ☐ Seedlings Baby Lotion

## **For Children:**

- ☐ KidScents Shampoo
- ☐ KidScents Bath Gel
- ☐ KidScents Toothpaste
- ☐ KidScents MightyVites
- ☐ KidScents MightyZymes
- ☐ KidScents MightyPro
- ☐ KidScents Unwind
- ☐ KidScents KidPower Roll-On
- ☐ KidScents SniffleEase Roll-On
- ☐ KidScents Geneyus Roll-On
- ☐ KidScents Owie Roll-On
- ☐ KidScents SleepyIze Roll-On
- ☐ KidScents TummyGize Roll-On

## **For Pets:**

- ☐ Animal Scents Shampoo
- ☐ Animal Scents Ointment
- ☐ Animal Scents Infect Away
- ☐ Animal Scents ParaGize
- ☐ Animal Scents Mendwell
- ☐ Animal Scents PuriCleanl
- ☐ Animal Scents T-Away



# Ditch & Switch



Use this worksheet to create a roadmap for replacing your current products with Young Living.  
With a 50+PV order each month, you will earn Loyalty Rewards to use for FREE product!  
In addition, orders of 100+PV qualify for Monthly Promotional Items from Young Living.  
*Smile if you love FREE stuff!*

*January*

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*February*

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*March*

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*April*

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*December*

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