

Learn Right 4U

THRIVE AT HOME:



LITERACY, STRUCTURE & SANITY FOR BUSY, BRILLIANT MOMS

LITERACY, STRUCTURE & SANITY FOR BUSY, BRILLIANT, DYSLEXIC MOMS

Strategies to make the most of
a day!





INTRODUCTION

Welcome

I am Charlotte – a busy, budget-minded, dyslexic Mom &
Grandmother

I support literacy, structure, healthy home, and self-kindness.

EDUCATION



1961 Born with a Dyslexic Mind

I didn't know it until 1986- Simon Fraser University, SFU

As an adult student began training at SFU to become a teacher. My reading and writing level would have been measured at about grade 2 or 3 reading and writing.

2000 Orton Gillingham Educators and practitioners Orton Gillingham Therapeutic Tutor

Here I learned to read & write better than I could growing up and now I learned more with each student I worked with. I changed the lives of many children and their families too!

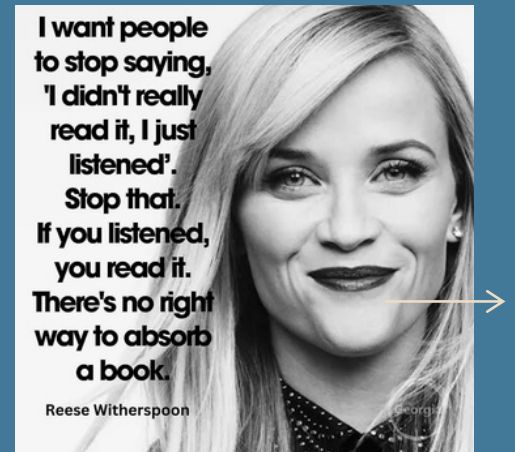
2008 Structure of Intellect

Provider of Assessment and Remediation

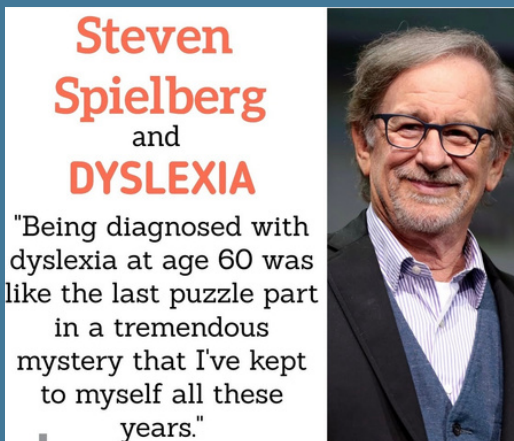
Looking at how the mind is developed in 27 different intellectual skills, like cognition, memory, evaluation, creativity, & problem-solving. Then strengthening any areas not yet developed.

WHAT IT MEANS TO BE “DYSLEXIC-MINDED”

**Dyslexic thinking is not a flaw—
it often comes with giftedness.**



You're probably creative, big-
picture-oriented, intuitive, and great
at thinking outside the box



Differences & Trouble Spots

info processing system

reading

spelling

speaking

attention

executive functions

**The trick is building systems
that support your style.**

UNDERSTANDING DYSLEXIC BRILLIANCE

**How we
learn has
nothing to
do with how
brilliant we
are.**

- Henry Winkler -



**You can be extremely
bright and still have
dyslexia.**

**You just have to
understand how you
learn and how you
process information.
When you know that,
you can overcome a
lot of the obstacles
that come with
dyslexia.**

- Tim Tebow -



What it means to be
“dyslexic-minded”?

How your brain is an asset
for parenting!

Strengths:
creativity,
problem-
solving,
intuition

STRENGTHS: CREATIVITY, PROBLEM-SOLVING, INTUITION

Creativity

Creative is the ability to transcend traditional ideas, rules, or patterns, and to bring about meaningful, innovative solutions or artistic expressions through imaginative and original thinking.

Charlotte Evans

Problem-solving

Problem solving involves identifying issues, analyzing potential solutions, and implementing strategies to effectively overcome challenges, ensuring successful outcomes and continuous improvement.



Intuition

Intuition is the innate ability to understand or know something immediately, without the need for conscious reasoning—an inner guide often felt as a gut feeling or instinct.

HOW YOUR BRAIN IS AN ASSET FOR PARENTING



You are a creative, kind, and unique problem solver. During everyday situations, you can flow from one problem to the next during everyday challenges. You have more ideas than time. You want the best for your kids, especially finding school easier than you did and be confident and successful in their learning

RAISING LITERATE & CONFIDENT KIDS



Words are important! The ones you say to yourselves and others. The words we hear and the attitudes that come with them may affect the way you feel about yourself. If you say “you can’t” you won’t. If you say “you can” you will.

A dyslexic mind can affect communication at varying levels in listening, speaking, reading, and writing. We often process language more slowly and can miss words as well as change the order of words.

MAKE LITERACY FUN AND PART OF DAILY LIFE



Multisensory

Hearing it, saying it, repeating it while writing it, will help information process and be remembered. It coordinates all the senses to work together.

Phonetic

Language makes sense when you can hear the english sounds and know how those sounds can be represented

Sequencing

Days, Months, Letters in words, Words in sentences, Order of instructions, Words to speak

TOOLS FOR DYSLLEXIC AND NEURODIVERGENT LEARNERS



Jim Carrey and dyslexia

Years before he became a famous → comedian, Jim Carrey struggled through school with undiagnosed dyslexia, and used his sense of humor as a coping mechanism.



Dyslexia Connect Online Tutoring
www.DyslexiaConnect.com

Audio books

Use Audio books to reduce the demand and help with comprehension of material. Exposure to books reading or listening increases a persons knowledge bank.

Tactile Learning

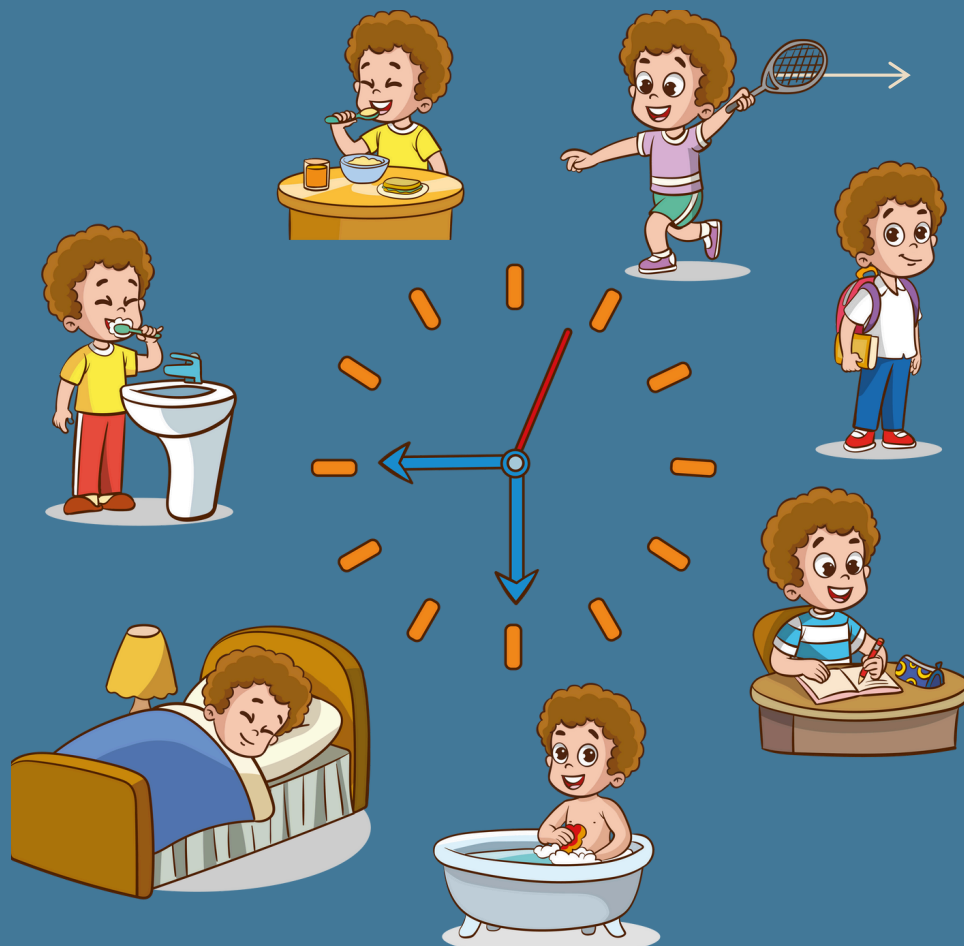
Make it memorable!
Muscle memory is an important part of writing. Texture boards add sensation to improve coordination and memory of letters, shapes and numbers.

Speech to text

Saying what needs to be written is more efficient sometimes. The actual formation of letters, order, order of words, keeping word order organized, and remembering long enough to get it on paper is a real this for many dyslexic minede people .

DAILY LITERACY ROUTINE

One key to peace at home is creating a structure that runs without you remembering everything.



ENCOURAGEMENT OVER PERFECTION



Step by Step

Start at where you are at

Add to what you know

Practice & remember

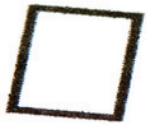
We can do hard things

Just because someone else
told you that you couldn't
doesn't mean you really
can't.
You decide.

SIMPLE SYSTEMS FOR A STRUCTURED HOUSEHOLD

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Things to do



Routine

Check Lists

10-minute Tidy

ONE “ANCHOR POINT” ROUTINE (MORNING OR EVENING)



PERSONAL VISUAL CHECKLISTS FOR KIDS AND MOM TASKS



Kid Lists

Things to remember to do
Use pictures if not reading
Simple steps
Post where it is easily seen
for them
Remember to check list



Mom Lists

Face
Teeth
Drink water & Supplements
movement, steps, exercise
eat whole foods
3 things you are grateful for

10-MINUTE TIDY METHOD

Set a timer, and
everyone cleans one
room



BUDGET-FRIENDLY TOOLS (DOLLAR STORE BINS, LABELS, BASKETS)



Label, label with pictures, Order same thing, Have a place for things to live.

Meal Plan

SUN			
MON			
Tue			
Wed			
Thu			
Fri			
Sat			

www.charlotte-evans.com

WRAP-UP & ENCOURAGEMENT

Recap of key takeaways

There are many ways for you to keep a happy, healthy, active, creative and literate

Reminder: **structure = freedom**

We are random thinkers and structure and organization isn't something that comes naturally for many of us. Once we become structured, we are unstoppable.



You're doing better than you think

You are amazing! You have overcome so many obstacles to get here now. You are determined and able when you understand what and how things need to be done.

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