

How to make melt & pour soap:

- For a 1 pound block of base:
- Cut your soap base into cubes
- Melt your soap base in the double boiler or pot over medium low. Melt the soap base slowly on low heat so it doesn't come to a boil or burn.
- Optional: Spray your mold with rubbing alcohol. This helps keep bubbles from forming in your soap bars.
- Add your add ins:
 - $_{\odot}$ You can mix all your add ins to your entire batch of melted base:
 - up to about 5 tbsp of dry ingredients (like dried herbs & flowers, ground coffee, bentonite clay, etc).
 - sprinkle in mica until you reach your desired color (usually about 1/2 1 teaspoon).
 - essential oils to your desired scent level, usually 20-40 drops.
 - or you can customize each bar of soap:
 - I find it mixes best if I fill the mold half full with soap base, add the oils & extras, then top with more soap base.
 - You can add as much of each add in as you want! Have fun with it!
 - I use about 5-10 drops of essential oils per bar of soap.
 - Stir with a toothpick.
- Optional: Spray with rubbing alcohol again to remove bubbles.
- Let cool to room temperature. You can put in the fridge or freezer to speed up the process if needed.
- Remove from mold.



Go to the full post <u>here</u>.

https://thecrunchymoose.com/blog/41972/12-melt-pour-soap-recipes

| 12 Melt & Pour Soap Recipes | |
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| Mint Chocolate Sonp <u>1 pound coccoa butter melt & pour base</u> 2 tbsp coccoa powder 20 drops of peppermint essential oil Try a chocolate bar soap mold! | Morning Shirt Sonp <u>1 pound soap base of choice</u> 2 tbsp dried citrus peel or dried peppermint leaves 15 drops of a citrus essential oil like orange, lemon Citrus Fresh 10 drops of peppermint essential oil 1 tsp gold or yellow cosmetic mica Try a sunshine soap mold |
| Purify & Clennse Castile Sonp 1 pound castile soap base 2 tbsp dried lemongrass 3 tbsp activated charcoal or bentonite clay 30 drops of tea tree or Purification essential oil | Sweet Drenms Sonp • 1 pound soap base of choice • 3 tbsp dried lavender • 30 drops total of lavender and/or Peace & Calming |
| Ctrus Fresh Sonp 1 pound soap base of choice 2 tbsp dried citrus peel 30 drops of a citrus essential oil like orange, lemon, or Citrus Fresh 1 tsp gold or yellow cosmetic mica Try a sunshine soap mold | I pound oatmeal soap base 3 tbsp ground oats (grind fine with a food processe or coffee grinder) 30 drops of lavender essential oil 1 tsp purple cosmetic mica |
| Soothing Honey Sonp 1 pound honey soap base 3 tbsp honey 20-40 drops essential oils of choice (I like lavender and/or Peace & Calming) Try this honeybee mold | Floral Bouquet Sonp 1 pound soap base of choice 4 tbsp dried flowers of choice 30-40 drops floral essential oils like Rose, Joy, Lavender, or Jasmine try these pretty flower molds |
| Marly Mar Sonp 1 pound charcoal soap base (learn about activated charcoal here) 10 drops each of Pine, Tea Tree, and Patchouli o other masculine scents include: Valor, Shutran, Sandalwood, & Purification | Playful Sonp for Kids 1 pound soap base of choice 30 drops of Gentle Baby or Seedlings Calm essentioil 1 tsp cosmetic mica (any color & you can mix the colors for a swirl effect) When you pour your soap, put a small toy in the center like a lego block or small plastic animals. Try these animal soap molds |
| Christmas Spirit Sonp 1 pound soap base of choice 40 drops of Christmas Spirit or Thieves or Cinnamon & Orange essential oils 1 tsp red or green cosmetic mica Put a small cinnamon stick or a few star of anise or whole cloves in the middle of the soap Try these Christmas themed soap molds | Varilla Latte Sonp 1 pound cocoa butter melt & pour base 3 tbsp ground coffee 10 drops cinnamon essential oil 15 drops vanilla essential oil |