

Base Recipe for DIY Lip Balm

Homemade lip balm is an easy ratio recipe.

- 2 parts beeswax
- 2 parts skin butter of choice (Shea, Mango, Cocoa)
- 1 part carrier oil of choice (Coconut, Almond, Castor, Olive, Jojoba, Avocado, Grapeseed, Argan, etc)
- Up to 1 part add-ins
 - o Essential oils
 - Lip plumping ingredients
 - Cinnamon Essential Oil
 - Peppermint Essential Oil
 - Cinnamon Powder
 - Cayenne Pepper
 - o Tinting Ingredients
 - Mica Powder
 - Beetroot Powder
 - Hibiscus Powder
 - Turmeric Powder
 - Annatto Powder
 - Cocoa Powder
 - o Optional Ingredients
 - Honey
 - Aloe Vera: Fresh or bottled
 - Vitamin E

To make about 2 oz of lip balm, which makes about 8 lip balm tubes or four 1/2

oz tins:

- 2 tablespoons beeswax
- 2 tablespoons skin butter of choice
- 1 tablespoon carrier oil of choice
- Up to 1 tablespoon combined of optional add-ins
 - use up to 1 teaspoon of tint of choice
 - o up to 20 drops of essential oils of choice
 - up to 1 teaspoon of cinnamon or cayenne powder





Go to the full post <u>here</u>.

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Mint Chocolate Lip Balm

- 2 tbsp beeswax
- 2 tbsp cocoa butter
- 1 tbsp coconut oil
- 15 drops peppermint essential oil
- 1 tsp cocoa powder

Coconut Lime Lip Balm

- 2 tbsp beeswax
- 2 tbsp mango butter
- 1 tbsp coconut oil
- 15 drops lime essential oil
- Optional: 5 drops vanilla essential oil
- 1 tsp aloe vera (fresh or bottled)

Lip Plumping Tinted Lip Balm

- 2 tbsp beeswax
- 2 tbsp shea butter
- 1 tbsp castor oil
- 10 drops peppermint essential oil
- 5 drops cinnamon essential oil
- 1/2 tsp cinnamon powder
- 1 tsp mica powder in color of choice or other tint of choice

Moisturizing Lavender Lip Balm

- 2 tbsp beeswax
- 2 tbsp shea butter
- 1 tsp jojoba oil
- 20 drops lavender essential oil
- 1/2 tsp vitamin E
- 1 tsp aloe vera (fresh or bottled)

Soothing Honey Lip Balm

- 2 tablespoons beeswax
- 2 tablespoons shea butter
- 1 tablespoon argan oil
- 10 drops frankincense essential oil
- 10 drops tea tree essential oil
- 1/2 teaspoon vitamin E
- 1 teaspoon honey

Directions:

- Melt beeswax, skin butter, & carrier oil in a double boiler on low heat until melted
- Remove from heat
- Add essential oils, tints, and other optional add ins
- Pour into lip balm tubes or 1/2 oz tins
- · Let set for at least an hour



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