



Go to the full post <u>here</u> <u>thecrunchymoose.com/travel</u>

## 6 Travel-Friendly DIY Beauty Recipes

## Melt & Pour Soap

- thecrunchymoose.com/soap
- Melt soap base of choice
- Mix in add-ins of choice (essential oils, dried flowers, mica, activated charcoal, etc.)
- Pour into soap molds

### Hyaluronic Acid Serum

- thecrunchymoose.com/ha
- ½ t hyaluronic acid powder
- ¼ t leucidal liquid
- 2 T water
- · Essential oils of choice

### Oil Cleansing Oils

- thecrunchymoose.com/oilcleanse
- I use a mix of Argan & Castor Oils
- Grab the guide to find your custom mix here

# Argan Oil Serum

- thecrunchymoose.com/argan
- Add essential oils of choice to argan oil
- Use as a facial moisturizer

#### Tallow Lotion

- thecrunchymoose.com/tallow
- ½ cup tallow
- ¼ cup solid carrier oil
- ¼ liquid carrier oil
- Essential oils of choice

## Dry Shampoo

- <u>thecrunchymoose.com/dryshampoo</u>
- 3 parts arrowroot
- 1 part cocoa powder
- Essential oils of choice
- Adjust tint for your hair color











### Bonus Travel Tips

- Use Thieves Aromabright Toothpaste as deodorant! 1 product with 2 uses.
- Pack your favorite essential oils
  & vegetable capsules.
  - My favorites are Purification, Lavender, DiGize, Thieves, & Progessence Plus
- Pack supplements that support a healthy gut & immune system
  - My favorites are Activated Charcoal, Life 9 Probiotics, Inner Defense, & MultiGreens





Order at <a href="mailto:thecrunchymoose.com/travelhealth">thecrunchymoose.com/travelhealth</a> & use code SHAREYL



Shop supplies on Amazon at thecrunchymoose.com/amazon