Hi Penny and other Joyful ones,

Many years ago, I was diagnosed with cancer cells on the cervix. At the

time, Hanna Kroeger, who was an herbalist and my mentor, had me chew apricot

pits, dried apricots, and homeopathic calcium carbonate tablets, together, 3

times a day, and when I went to be re-checked, I no longer had the problem.

That was long before I knew about the oils.

Every now and then, I feel a "twinge" in the cervical area, and wonder

what's happening... When that happens, I take a small quantity of Protec

(like about 1/8 cup) and add a couple of drops of frankincense to it (just

for good measure) and then dip a tampon into it, until it absorbs as much as

it can within 5 minutes or so. Then I insert the tampon and leave it there

overnight. I might do this every night for a week...

Protec is a diluted oil combination which comes in an 8 oz.

container. It was originally designed as a nighttime retention enema to

support men with prostate difficulties, but then we women discovered it, and

began to use it also, vaginally. It doesn't have any ingredients specific to

men - just ingredients very supportive of the body like frankincense, myrrh,

sage, cumin, grape seed oil, wheat germ oil, almond oil, and olive oil. It's

very soothing, and once I've used it a night or two, the "twinge" goes away,

and then, after using it every night for about 5 - 7 days, I go to my

gynecologist for a complete checkup and Pap smear - which always turns out

to be fine. I love getting good news, don't you?

Love, Vicki

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