Magic Relief by Nancy Sanderson

Great for muscle, tissue, bone regeneration and pain.

8 drops spruce

8 drops sandalwood

7 drops Idaho Balsam Fir

5 drops hyssop

4 drops lemongrass

5 drops Helichrysum

4 drops wintergreen

2 drops German Chamomile

1 drop blue tansy

1 oz V6

Put oils in order listed or it will change the action of the blend.