**CANCER**

NOTE: No cancer treatment should be undertaken without consulting a licensed medical practitioner. The essential oil applications listed here can be used to complement the effectiveness of conventional cancer therapies. These essential oil applications should continue until the cancer is in remission. Groundbreaking research slated to be published in 2004 at Brigham Young University for the first time identified essential oils which effectively kill cancer cells while being non-toxic to normal cells (non neoplastic cells). Some of the most effective oils studied included sandalwood essential oil which inhibited growth by up to 90% of several different types of cancer cells (cervical, breast, skin and prostate) while having little or no harmful effect on normal cells. Sandalwood showed excellent action even at very small concentrations (100 ppm). Tsuga, thyme, grapefruit, and thyme linalool also showed low normal cell toxicity and strong anticancer action. Oils rich in limonene, such as lemon, orange, tangerine, and Idaho balsam fir have been shown in clinical studies to have potent anticarcinogenic effects. According to a study at the University of Indiana12, "monoterpenes would appear to act through multiple mechanisms in the chemo prevention and chemotherapy of cancer." Studies using 1-15 grams a day of limonene in very advanced cancer patients resulted in almost 20% of the patients going into remission. To enhance the action of essential oils, strong cleansing and nutritional building programs are required. The three programs below can be tailored to fit your particular needs and can have a profound effect on any cancer treatment.

1. Intensive cleanse with Cleansing Trio and JuvaTone.

2. Modified Burrough's Cleanse using cayenne pepper, lemon juice, and agave nectar. (See Cleansing and Diets, Chapter 25)

3. The Essentialzyme Ramping Program (see box below).

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Essentialzyme Ramping Program for cancer

This program should be monitored by a health care professional:

Phase 1: Start with 3 tablets, 3 times daily. Increase amount by 1 tablet every day until nauseous. At this point, discontinue Essentialzyme for 24-36 hours.

Phase 2: Start again with 4 tablets, 3 times daily. Increase daily amount until nausea starts again. Stop and rest for 24-36 hours.

Phase 3: Start with 5 tablets, 3 times daily. Increase amount by one tablet every day until nausea starts.

Rest for 24-36 hours.

Phase 4: Go back to the amount taken before nausea occurred the third time. Continue this amount for 6 weeks.

Phase 5: Start enzyme saturation again.

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**How Pollutants Contribute to Cancer**

The pollutants to which we are exposed accumulate in tissues such as the breasts, thyroid, ovaries, and uterus. Some of these chemicals can mimic or imitate natural hormones, thereby activating hormone receptors that over-stimulate glands. This can increase the risk of hormone-dependent cancers, such as breast and uterine cancer.

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All cancers are best treated in the early stages by alternating and varying the essential oils used each week, so the cancer cells do not build up a resistance to the treatment.

The following are regarded generally as anti-cancerous oils:

Single Oils: Helichrysum, lemon, orange, tangerine, ledum, sandalwood, lavender, clove, thyme, Idaho balsam fir, tsuga, frankincense, myrtle, Palo Santo (new)

Blends:

ImmuPower, Longevity

When people suffer terminal illness, their minds can be fractured, and they can have difficulty focusing and collecting their thoughts. The Valor, Gathering and Grounding blends promote greater focus and the ability to gather feelings and deal constructively with emotions related to cancer.

Another simple anti-cancer recipe:

• 12 drops frankincense

• 5 drops lavender

• 6 drops helichrysum

EO Applications:

TOPICAL: NEAT or DILUTE 50-50,1-3 drops applied directly on skin cancers or cancerous nodes, 2-5 times daily VITA FLEX, 1-3 drops neat on foot reflex points relevant for internal cancers RAINDROP Technique, 2-3 times monthly, substituting anti-cancerous oils for the five optional Raindrop oils

INGESTION: CAPSULE, 00 size, 2 capsules, 2-4 times daily

RETENTION:

RECTAL, 3 times weekly, using 20-80 dilution

Dietary Supplementation:

ImmuPro, MultiGreens, Super C Chewable, ImmuneTune, Power Meal, Thyromin, Sulfurzyme, Mineral Essence, OmegaGize, Rehemogen, Ningxia Red Juice, Life 5

Dr Gary Young's Daily Anti-Cancer Program

• Master Formula: 4-6 tablets daily

• MultiGreens: 8-10 capsules daily

• Super C: 8-10 tablets daily

• ImmuPro: 6-10 tablets at night; 4 morning and afternoon

• Power Meal: 2 scoops, 3 times daily • Pure Protein: 2 scoops daily

• Essentialzyme: 2-6 tablets, 3 times daily according to blood type

• Thyromin: Start 1 before bedtime and increase as needed.

• Sulfurzyme: Begin with 1 tsp., 3 times daily and increase to 1-3 Tbsp. daily

• Life 5: 2-3 capsules, 3 times daily for good digestion and assimilation

• Super B 2-4 tablets daily. Super B is a good source of all B vitamins including pantothenic acid (vitamin B5). Many cancer patients evidence a deficiency in vitamin B5

**Prostate Cancer**

Many prostate cancers may be testosterone-dependent, so it may be necessary to avoid taking anything that can raise testosterone levels, such as DHEA or androstenedione. Research by Dr. John Lee, MD, suggests that a quality progesterone cream may be the most potent therapy for preventing prostate cancer. Neurogen and Progessence creams provide natural progesterone.

Single Oils: Orange, tangerine, ledum, Idaho balsam fir, frankincense, myrrh, cumin, sage, tsuga

Blends: Protec, Mister, Longevity, Juva Cleanse

EO Applications:

TOPICAL: DILUTE 50-50, 1-3 drops between the rectum and scrotum 1-3 times daily

VITA FLEX, 1-3 drops, neat. on reproductive points on feet (sides of ankles)INGESTION:CAPSULE, 00 size, 3 times daily

RICE MILK, 2-4 times daily

RETENTION:

RECTAL, nightly

Prostate blend Regimen:

The blend below helped to reduce PSA (prostate spe­cific antigen) counts over 70 percent in a 2 months period:

• 10 drops frankincense

• 5 drops myrrh

• 3 drops sage

1. Mix the above oils in 1 Tbsp. V-6 Oil Complex for rectal retention, nightly

2. Rub 1-3 drops of the above blend, neat, on the Vita Flex reproductive points (ankles) on both feet, 2 times daily. 3. Dilute the blend 50-50 and apply 2-4 drops on the area between the rectum and scrotum 2 times daily. Also, use Protec for nightly rectal retention. Start with 1/2 tsp. and build up to 1 Tbsp. If irritation occurs, discontinue for 3 days and start again with a smaller amount.

To increase Protec's strength, add extra oils and use for alternating applications:

• NIGHT 1: Add 3 to 4 drops of frankincense.

• NIGHT 2: Add 3 to 4 drops of clove.

• NIGHT 3: Add 3 to 4 drops of tsuga.

Dietary Supplementation:

Super B, ImmuPro, Cleansing Trio, JuvaTone, JuvaPower/Spice

Topical Treatments:

Neurogen and Progessence creams. Apply 1/2 tsp 2 times daily to the area between the scrotum and the rectum.