**Bed Bug Buster Protocol – Young Living**

**WARNING: ONLY  THERAPEUTIC GRADE ESSENTIAL OILS WILL HAVE ANY IMPACT ON BED BUGS. YOUNG LIVING ESSENTIAL OILS FROM THE AMAZON SEEM TO BE THE MOST EFFECTIVE.**

A little bed bug history: After World War ll, the problem of bed bugs had virtually disappeared from America, because action was taken using DDT. DDT was found to be a deadly carcinogenic that destroyed the soil and everything else, and so it was outlawed. Now, the bed bugs are esdalating because of global travel; the increased number of homeless and their underground communities' the popularity of Flea Markets and second hand merchandise' and worst of all, bed bugs have become SUPER BUGS due to their mutation from the DDT!

As oilers, we prefer the eco-friendly approach, and research shows that tree oils work best against parasites and menacing insects. ***Palo Santo*** oil is the first choice for insect repellant. This Ecuadoran tree develps a resin to protect against infestation, and it is from the resin that Young Living distills the ***Palo Santo*** oil. Eucalyptus has been used historically for bed bugs, and ***Eucalyptus Blue*** is the first anti-viral Eucalyptus Oil. Native American Indians relied on pine needles and ***Cedarwood*** *chips* in their mattresses to ward off ticks and fleas.

**Bed Bug Spray**

10 drops of ***Palo Santo*** Oil

6 drops of ***Eucalyptus Blue*** Oil

5 drops of ***Cedarwood*** Oil

Combine wih 4 oz. Distilled Water in a dark glass Spritzer bottle.

To go after nesting eggs, combine cornstarch or baking soda in cotten tea bags with *Palo Santo*, *Eucalyptus Blue* and *Cedarwood* Oils. Place bags on underside of mattress.

Washing Bed Linens: Thieves Cleaner and *Purification Oil* Blend

Bug Bites: *Lavender* and *Purificaion Oils*

Diffuse: *Purification, Palo Santo, Eucalyptus Blue*

Spray on Bed: Between linen changes, *Thieves* Spray

Travel Diffuser for on the road

***Palo Santo Oil*** - *Palo Santo* (Bursera Graveolens)comes from the same botanical family (Burseraceae) as Frankincense, although it is found in South America rather than the Middle East. Like Frankincense, Palo Santo is known as a spiritual oils, traditionally used by the Incas to purify and cleanse the spririt from negative energies. Even its Spanish name reflects how highly this oil is regarded. Palo meaning "holy wood" or "sacred wood." The resin forms only after the tree is down for 5 years, and this resin from with the oil is extracted, protects the tree from various parasites.

***Eucalyptus Blue Oil*** - *Eucalyptus Blue* has a fresh, invigorating aroma that supports normal breathing and soothes tense muscles. This essential oil is grown and harvested in Ecuador. This is the first form of Eucalyptus that is also anti-viral. This essential oils contains high levels of the powerful constituents eucalyptol and alpha-pinene, and follows in the same tradition as a repellent to insects.

***Cedarwood Oil*** - *Cedarwood* (Cedrus Atlantica) has a warm, balsamic, woody aroma. It is relaing and soothing when used for massage, and has long been used as a beneficial ingredient in cosmetic preparations for oily skin. Cedarowod has an approximate ORAC of 1,689,996 (TE/L) and is the highest form of Cedarward chips used traditionally to refresh bedding.

***Purification Oil*** - *Purification* is a powerful blend of Therapeutic Grade A *Meleleuca* (Tea Tree Oil); *Citronella, Lemongrass, Rosemary, Lavandin* and *Myrtle* essential oils. *Purification* can be used directly on the skin to cleanse and soothe, insect bites, cuts and scrapes. When diffused, it helps to purify and cleanse the air from environmental impurities includeing cigarette smoke, and other disagreeable odors. (Note: this blend is highly recommended for Brown Recluse Spider bites as it neutralizes the poison)

***Thieves* Cleaner** - Experience the wonder of  ***Thieves* Household Cleaner**, for touch stains and problem areas in your home. You never have to use chemcal or harsh abrasive cleaners again. Thieves Essential Oils is legendary as was proven at Weber State Unviersity to exhibit a kill rate of 99.96% against all airborne bacteria including MRSA, Staph, Strep, E-Coli, and Toxic Black Mold. While bacteria can be dangerous, some industrial cleaners on the market pose an even larger threat to your health. Thieves Household Cleaner is a safe all-purpose concentrate that can be used in every room of your home as well, as dishwashers and for laundry.

For more information and pricing go to [www.youngliving.com/pamelahe](http://www.youngliving.com/pamelahe)