

# Share Scents News

Essential Oils For Every Day And Every Body

## Traveling Light

Traveling is something that a lot of us do more than at any other time in history. We plan, we save, or we simply take a quick trip on an impulse. Not all of us have the same idea as others of a trip or get-away. I'm curious as to what speaks to you for a vacation? What is your dream get-away? Wish I could hear what you are saying right now!

On one trip that our family took, we each had two checked suitcases – imagine that these days. There were four of us and we were gone two weeks, so can you visualize us getting off the plane and rounding up our luggage? But these days, we travel much lighter, and I'm sure you do too!

In this newsletter, I am not telling you how to pack your suitcase, but sharing ways to support your wellness and travel light at the same time. This is not an exhaustive list.

There are various kinds of trips that might require different products, but this is about your health support and how to travel light with your Young Living products. There can be overlap for various types of travel, but I will give lots of ideas for you to consider.

I wish you well, on your next trip – may it be fun, safe, and with your health maintained.

*“Happy Trails!”  
Joyce Peraaho*



### *Always In My Travel Light Bag*

- ✓ *Thieves Waterless Hand Sanitizer*
- ✓ *Thieves Spray*
- ✓ *Lip Balm*
- ✓ *NingXia Red single packs*
- ✓ *Inner Defense*



### *A Great Place to Start -*

- ✓ Premium Starter Kit!
- ✓ Box of NingXia Red Singles
- ✓ Gradually build up your supply of travel necessities by subscribing to your Monthly Customizable Wellness Box

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# Pick Your Trip ~ Pick Your Product

## Hotel Stays

- ✓ Bon Voyage Travel Pack
- ✓ Ningxia Red
- ✓ Supplements in baggies
- ✓ Einkorn Granola
- ✓ Oils in sample bottles
- ✓ V-6 Mixing Oil for diluting
- ✓ Animal Scents Ointment
- ✓ Travel Diffuser
- ✓ Thieves Spray



## Airplane Travel

The 3-1-1 Rule – All liquids must be three ounces or less and fit in one one-quart bag. My solutions:

- ✓ Oils in sample bottles & V-6 for diluting
- ✓ Bon Voyage Travel Pack
- ✓ Animal Scents Ointment
- ✓ NingXia Nitro
- ✓ MindWise Singles
- ✓ Alkaline Singles
- ✓ Supplements in small craft bags
- ✓ Wolfberry Crisp Bars or Slique Bars



## Camping & Road Trips

- ✓ Oils in sample bottles (for first aid)
- ✓ Animal Scents Ointment
- ✓ Insect Repellent
- ✓ Dried Wolfberries
- ✓ Thieves Household Cleaner
- ✓ Roll-On Oils



## Hiking & Biking

1. Oils in sample bottles (first aid)
2. V-6 Mixing Oil
3. Animal Scents Ointment
4. NingXia Red
5. NingXia Nitro
5. NingXia Zing
7. Peppermint
8. Aroma Siez
9. Ortho Sport
10. Cool Azul Gel or Pain Relief Cream



- ✓ Mineral Sunscreen Lotion
- ✓ Lavaderm After Sun Spray
- ✓ Healthy Snacks
- ✓ NingXia Zing
- ✓ Thieves Waterless Hand Sanitizer
- ✓ Thieves Wipes
- ✓ Lip Balm

## Beaches, Fishing & Boating

## Traveling with Children

- ✓ KidScents Oils & Products
- ✓ Healthy Snacks
- ✓ NingXia Red
- ✓ Seedlings Baby Wipes
- ✓ Peace & Calming
- ✓ Stress Away!

