



25 Days of Diffusing Dec 2023

Try out these recipes over the next 25 days and see what a difference it makes!

Cozy Mittens

3
BELIEVE

2
CINNAMON BARK

2
WINTERGREEN



Trim the Tree

3
PINE

3
CINNAMON BARK

3
NORTHERN LIGHTS
BLACK SPRUCE





Soulful Kitchen

3
CINNAMON BARK

3
STRESS AWAY

2
NUTMEG

2
LEMONGRASS



Baking Bliss

3
CINNAMON BARK

3
STRESS AWAY

2
PEPPERMINT

2
LEMON







Share Scents
YOUNG LIVING

Over the Mountain

☾☾☾
PINE

☾☾☾
SACRED MOUNTAIN

☾☾☾
NORTHERN LIGHTS
BLACK SPRUCE

YOUNG LIVING

A white lantern-style diffuser with a decorative top and a central panel. The base has the Young Living logo.

Cozy Mittens

☾☾☾
BELIEVE

☾☾
CINNAMON BARK

☾☾
WINTERGREEN



Share Scents
YOUNG LIVING

A blue woven-texture diffuser with a white base. The base has the Young Living logo. There are some green leaves in front of it.





Share Scents
YOUNG LIVING

Gingerbread Man

GINGER

CINNAMON BARK

CLOVE

NUTMEG

Candy Canes

STRESS AWAY

PEPPERMINT



Share Scents
YOUNG LIVING



*Blue
Christmas*

CHRISTMAS SPIRIT

VALOR



*Twinkle
Lights*

WHITE ANGELICA

BERGAMOT

GRAPEFRUIT



Sweet Mint

PEPPERMINT

VANILLA



Iced Cookie

LEMON

VANILLA

PEPPERMINT

CINNAMON BARK





*Twas the
Night*

ROSEMARY

COPAIBA

ORANGE

SPEARMINT



*Away in a
Manger*

FRANKINCENSE

MYRRH

ORANGE





Spiced Cider

THIEVES

BERGAMOT

GINGER



Warm Wishes

PEACE & CALMING

FRANKINCENSE

ORANGE

TANGERINE





Happy diffusing!



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- The statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.
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along in your wellness journey. This is a place where you can browse at you leisure and find topics that interest you.