## DITCH + SWITCH

Make a clean sweep of all the toxins in your home using this list!

Create a toxin-free home to thrive in by replacing the products you use with healthy ones.

Join Young Living's Loyalty Rewards program and save while you switch!

air fresheners + candles  YL Essential Oils  YL Essential Oil Roll-ons	Skin case  ART line for sensitive/older  BLOOM line for brightening	baby care - seedlings line  Baby Lotion  Diaper Rash Cream
<ul> <li>☐ YL Diffusers</li> <li>☐ hair care</li> <li>☐ YL Shampoos</li> <li>☐ YL Conditioners</li> <li>☐ Mirah Hair Oil</li> </ul>	<ul> <li>□ Balance line for oily</li> <li>□ ART Beauty Mask</li> <li>□ ART Renewal Serum</li> <li>□ YL Charcoal Mask</li> <li>□ Satin Mint Facial Scrub</li> <li>□ Wolfberry Eye Cream</li> <li>□ Face Creams/Moisturizers</li> </ul>	<ul> <li>□ Tender Tush Cream</li> <li>□ Baby Wipes</li> <li>□ Baby Oil</li> <li>□ Linen Spray</li> <li>□ Baby Wash &amp; Shampoo</li> <li>□ Calm Essential Oil Blend</li> </ul>
men's care - shutran line  Shutran 3-in-1 Wash  Shutran Shutran Bar Soap  Shutran Oil Blend	Rose Ointment YL ACNE Treatment (OTC) YL Lip Balms  bath + body case	kid care - kidscents line  Kidscents Shampoo  Kidscents Bath Gel  Kidscents Lotion
☐ Shutran Beard Oil    dental case - thieves line   Thieves Toothpastes   Thieves Dental Floss   Thieves Mouthwash   Thieves Lozenges   Thieves Mints	<ul> <li>YL Deodorants</li> <li>Mirah Shave Oil</li> <li>YL Bath &amp; Shower Gels</li> <li>YL Bath Bombs</li> <li>YL Bar Soaps</li> <li>YL Foaming Hand Soaps</li> <li>YL Foot Scrub</li> <li>Claraderm Spray</li> </ul>	<ul> <li>☐ Kidscents Multivitamins</li> <li>☐ Kidscents Enzymes</li> <li>☐ Kidscents Pre + Probiotic</li> <li>☐ Unwind Powder (Calming)</li> <li>☐ Kidscents Pre-diluted Blends</li> <li>☐ Kidscents Pre-diluted Roll-ons</li> <li>☐ Kidscents Little Oiler Bundle</li> </ul>
	☐ LavaDerm Cooling Mist ☐ Massage Oils ☐ YL Body Butter ☐ YL Lotions ☐ Regenolone Cream ☐ Pregolone Plus ☐ Progessence Plus Serum	☐ CBD Beauty Glow ☐ CBD Muscle + Joint Roll-on  minal case -animal scents line ☐ Animal Scents Shampoo ☐ Animal Scents Ointment ☐ Animal Scents Pre-diluted Oil Collection



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under the kitchen sink	find support for
☐ Thieves Fruit & Veggie Soak + Spray	☐ Total Wellness + Immune Health
☐ Thieves Household Cleaner	☐ Eye Health
☐ Thieves Dish Soap	☐ Brain Health
☐ Thieves Kitchen + Bath Scrub	☐ Prostate Health
☐ Thieves Dishwasher Tablets	<ul><li>Cardiovascular Health</li></ul>
in the cabinet	<ul><li>Digestive Health</li></ul>
	☐ Thyroid Health
☐ Thieves Laundry Soap	<ul><li>Endocrine/Glandular Health</li></ul>
☐ Thieves Sanitizing Wipes	<ul><li>Reproductive Health</li></ul>
Thieves Multipurpose Wipes	☐ Liver (JUVA) Health
1 oz. Thieves Spray	☐ Kidney + Bladder Health
☐ Thieves Hand Sanitizer	☐ Healthy Bones, Muscles + Joints
in the pantry	☐ Restful Sleep
☐ Einkorn Food Products	Inflammation
☐ NingXia Dried Wolfberries	core supplements
☐ Yacon Syrup	• •
☐ Teas	☐ NingXia Red Antioxidant Drink
☐ Vitality Oils/Juva Spice	Life 9 Probiotic
1 +	Master Formula Multivitamin.
energy + workout	☐ Super Cal Plus (calcium)
☐ Protein Powders	☐ Super B Complex
☐ Slique Products	☐ Super C
☐ NingXia Nitro Tubes or NingXia Zing	Super D
PowerGize Supplement	Super Magnesium
AminoWise Muscle Recovery	☐ Mineral Essence
☐ Vitality Drops	☐ Green Omega-3
☐ Vitality Drops +Electrolytes	☐ Sulfurzyme
☐ Cool Azul Sports Gel	☐ Enzymes
	$\square$ Alkalime (PH)

