

YOUNG LIVING

# FEMALE FAVORITES

## *Joy*

Apply to the base of your skull and find peace with this positive aroma.

## *SclerEssence Vitality*

Take as needed for women's support.

## *Progressence Plus*

Apply 1-3 drops along your forearms, neck, feet, or inner thighs every day or as needed throughout the month.

## *German Chamomile Vitality*

Use to promote feelings of calmness, calm occasional nervous tension, and support a normal, healthy outlook during PMS.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## *Fennel Vitality*

Use to support a normal, healthy outlook during PMS.

## *Dragon Time*

Massage on your abdomen.

## *Lady Sclareol*

Wear as a perfume to embrace your feminine nature.

## *Clary Sage*

Apply to your ankles.