

NingXia **Daily Menu**



Banana-Berry Protein Smoothie

- 1/2 banana
- 1/2 cup frozen berries
- 1/2 cup spinach
- 1 scoop Pure Protein Complete, Vanilla Spice
- 2 oz. NingXia Red
- 3 oz. orange juice

PB & J Smoothie

- 1 cup mixed frozen berries
- 1/2 frozen banana
- 2T almond butter
- 1/2 T ground cinnamon
- 8 oz. unsweetened almond milk
- 1 oz. NingXia Red

Green Goddess Smoothie

- 2 oz. NingXia Red
- 1/2 cup almond milk
- 1 cup spinach
- 1/2 banana
- 1 mandarin orange
- 1/4 cup ice
- 2T plain or greek yogurt (optional)

AFTERNOON M DELIGHT

- 1 can NingXia Zyng
- 1 packet NingXia NITRO
- 1-2 oz. NingXia Red

Mix these three ingredients into a class with ice, stir, and enjoy!

NIGHT CAPS ocktails and Mocktails

Berry Mimosa Cocktail

- 1 oz. NingXia Red
- 1 oz. orange juice

Add ingredients to glass and top with champagne or sparkling wine. Enjoy!

Sparkling NingXia Red Cocktail

- 2 oz. NingXia Red
- Berries of your choice
- Champagne or sparkling wine

Muddle berries in the bottom of glass. Add champagne and NingXia Red. Enjoy!

Sparkling NingXia Red Mocktail

- 2 oz. NingXia Red
- Berries of your choice
- Sparkling water

Muddle berries in the bottom of glass. Add water and NingXia Red. Enjoy!

NingXia Red Sangria

- 1/2 cup red wine
- 1/2 cup NingXia Red

Add ingredients to a glass and top with sparkling water and your favorite fruit. Enjoy!

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Immunity 1 oz. NingXia Red + 1 drop Thieves Vitality. 1 drop Copaiba Vitality

Energy 1 oz. NingXia Red + 1 drop Peppermint Vitality. 1 drop Orange Vitality

Weightless 1 oz. NingXia Red + 1 drop Grapefruit Vitality



Berry Mimosa Mocktail

Add ingredienst to champagne

glass. Top with orange juice.

• 1 oz. NingXia Red

Enjoy!

• 1 oz. sparkling water



