



All Things KidScents



Aromatherapy Slime

- 4 oz. non-toxic white glue
- 6-8 drops natural food coloring
- 1/2 tsp baking soda
- 1-2 TBSP contact solution
- 8 drops KidScents oil(s) of choice

Combine ingredients as listed above. Knead until smooth. Store in an airtight container for up to 3 months. Enjoy!



Clay Diffusers

- Air-drying clay
- Cookie cutters
- Thread
- Beads or other decorations
- KidScents oil(s) of choice

Using a rolling pin or your hands, flatten out clay to about $\frac{3}{4}$ in. thick. Use your favorite cookie cutters to cut out some shapes. Poke a small hole into the top of your clay shapes (for hanging). Get creative and decorate the clay shape(s), then allow to dry according to the clay packaging. Once dry, add your string and your favorite oils. Re-apply as desired.



Braided Diffuser Bracelets

- Thin faux leather/suede string cord (60 inches for each bracelet)
- 1 small button with two holes (per bracelet)
- KidScents oil(s) of choice

Cut three strips of cord - each 20 inches long. Tie the cords together with a knot at one end, leaving an inch hanging past the knot. Thread the button onto one cord so that it rests against the knot you made. The other two cords will not have a button. Then knot all three cords on the other side of the button. Your button should be between two knots. Braid the three cords until you reach the desired length, knot them. Leave about a $\frac{1}{2}$ - 1 inch space then knot them again. This will be hole your button will slide into to secure the bracelet on your wrist. Cut off any excess cord. Then add your favorite essential oil(s) to your bracelet and enjoy the scent all day long. Re-apply as desired.



DIY Lotion Bars

- 1/2 c coconut oil
- 1/2 c shea butter, shredded
- 1/3 c beeswax pellets
- 3-4 drops Vitamin E oil
- Small silicone molds
- Natural soap colorant (optional)
- 15-20 drops KidScents oil(s) of choice

Add the coconut oil, shea butter, and beeswax pellets to a microwave safe bowl. Microwave for 45 seconds or until completely melted, stir well. A double boiler can be used in place of the microwave. Add the Vitamin E oil, soap colorant, and essential oils. Stir to incorporate. Pour the mixture into the silicone molds, filling up to the top of each mold. Chill for at least 4 hours. Carefully remove each lotion bar from its mold and store in an airtight container for up to 12 months. Use them as needed.

