

# ★ WHAT IS YOUR *Skin Type?* ★

*Normal*

*Oily*

*Dry*

*Combination*

*Mature*

Firm, supple, equal balance

Large pores, easily developing blemishes, maintains its youthful appearance well

Scaly, lacking natural oils, sensitive - especially in harsh weather

Dry skin with shiny oily areas (forehead, chin, nose), difficult to maintain

Loses its elasticity, prone to wrinkles and damage, needs hydration and nourishment

## WHAT *Skin Care Line* IS THE BEST FOR YOU?

### BALANCE

Designed for youthful skin prone to oil build-up and breakouts.

- Normal to oily skin
- Enlarged or clogged pores
- Prone to breakouts, redness, & blackheads
- Shiny T-Zone

### BLOOM

Designed to brighten dull skin for a hydrated glow.

- Normal or combination skin
- Uneven skin tone, dull skin, dark spots or discoloration
- Dehydrated skin; lines & wrinkles starting to form
- Skin in need of brightening & radiance

### ART

Designed to rehydrate and rejuvenate aging skin.

- Combination to dry skin
- Renewing for dull skin
- Deeper lines, wrinkles, & thinning skin
- Mature/aging skin in need of toning and firming

*Daily Routine*: CLEANSE - TONE - MOISTURIZE ► *morning & night*

WANT TO  
TAKE YOUR

# Skin Care Routine

A STEP FURTHER?  
TRY THESE...

## Extra Moisture

### ART INTENSIVE MOISTURIZER

#### HOW TO USE:

Use at night in place of the ART Lightweight Moisturizer for an EXTRA hydrating, overnight cream.

#### BENEFITS:

- can increase skin hydration up to 88%
- contains sodium hyaluronate, a derivative of hyaluronic acid

### CBD BEAUTY BOOST

#### HOW TO USE:

Apply to face, neck, and chest after your 3-step routine to lock in moisture. Can be used morning and night.

#### BENEFITS:

- helps reduce the appearance of redness, fine lines, & wrinkles
- moisturizes skin & boosts its natural glow
- ideal for all skin types; contains 0.0% THC

## Renew & Brighten

### ART RENEWAL SERUM

#### HOW TO USE:

Apply twice a day before your ART moisturizer.

#### BENEFITS:

- deeply hydrates & balances skin tone for a more refreshed appearance
- promotes naturally radiant skin and a youthful appearance

### BLOOM BRIGHTENING CREAM

#### HOW TO USE:

Can be applied morning and night to dry skin on face/neck/décolletage for deep hydration with your BLOOM products

#### BENEFITS:

- contains enhanced skin hydrating & brightening benefits for an even more radiant complexion
- helps restore the appearance of an even skin tone & reduces the appearance of dark spots

## Deeper Clean

### CHARCOAL MASK

#### HOW TO USE:

Safe for all skin types; use 1-3 times a week after cleansing & before moisturizing with any Young Living product line.

#### BENEFITS:

- reduces the appearance of blemishes; detoxes skin & purify pores
- restores the appearance of an even skin tone; helps control excess oil & shine

### MIRAH LUMINOUS CLEANSING OIL

#### HOW TO USE:

Can be used as a daily cleanser or to provide an occasional deeper clean with any Young Living product line

#### BENEFITS:

- removes impurities, makeup, & water-resistant sunscreens
- gentle on dry or sensitive skin; softens & moisturizes the skin

## Don't Forget to Exfoliate!

### SATIN FACIAL SCRUB - MINT

#### HOW TO USE:

Can be used 2-3 times a week before your 3-step routine.

#### BENEFITS:

- gently exfoliates & invigorates skin
- brightens complexion & evens skin tone
- suitable for all skin types



# ★ ★ Essential Oils FOR YOUR Skin Type ★ ★

## Normal

- Geranium
- Roman Chamomile
- Royal Hawaiian Sandalwood
- Clary Sage
- Frankincense

## Oily

- Cedarwood
- Chamomile
- Geranium
- Lavender

## Dry

- Geranium
- Roman Chamomile
- Royal Hawaiian Sandalwood
- Clary Sage
- Frankincense

## Combination

- Cedarwood
- Chamomile
- Geranium
- Lavender
- Myrrh

## Mature

- Clary Sage
- Neroli
- Palmarosa
- Rose
- Frankincense

## Notes

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## Next Orders

  
  
  
  
  
  
  

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