

How to use your immunity supplements*



Inner Defense[®] softgel capsules

Use when?

Once daily in the morning.
For immune system support,
take 3–5 times daily.*

Those with sensitive stomachs
should take with food.

Why?

It uses potent essential oils, reinforces
systemic defenses, and provides immune
system support.*



ImmuPro[™] supplement

Use when?

In the evening while you wind down.*

Why?

It's formulated to support
healthy sleep cycles
and the immune system.*

It provides chelated minerals,
including zinc and selenium,
for proper immune function.*



Daily Prebiotic Fiber[™] powder

Use when?

In the mornings, on an empty stomach
and 30 minutes before meals.

Why?

Its plant-based formula helps maintain
a healthy gut microbiome and digestive
system and supports immune health.*



Immugummies[™] supplement

Use when?

Daily—take 2 to strengthen
your immune response.*

Why?

It supports immune health,
encourages optimal immune
function, and maintains key
immune cells.*



Master Formula[™] supplement

Use when?

Daily—take with water.

Why?

This full-spectrum
complex of vitamins and
minerals provides immune
support.*



Super Vitamin D[™] supplement

Use when?

With food once daily.
Allow to dissolve.

Why?

Through innate defense
mechanisms, vitamin D
supports the body's natural
respiratory health.*



Super C[™] tablets

Use when?

Daily, preferably
with meals.

Why?

It delivers vitamin C
and other minerals that
work together to support
healthy immune function.*