

Hidden Toxic Chemicals

IN OUR EVERYDAY PRODUCTS


































Did you know that the "Toxic Substance Control Act grandfathered 100,000 toxic chemicals in 1976? How about, per the American Cancer Society, only 5-10% of ALL cancers are genetic. Stacey created this list in 2008 to allow everyone to take control of our health. Unfortunately, this list still applies today.

Read Your Labels:

- Learn how to read labels and identify chemical names to make better choices.
- Know the 26 different names for MSG and other neuro-toxins.
- Propylene Glycol (PG/PEG) is a component of LowTox Anti-Freeze.
- These Toxins cross over from household cleaners, food, drinks, skincare, baby, and pet products.

Research your products and make sure you avoid the following hidden toxic chemicals:

Red = other names for MSG **Green**= synthetic estrogens **Blue**= Formaldehyde  = Neuro-Toxin

1,4-dioxane 	Glutamate 	Saccharin, 954
Acesulfame K, Ace K 	Glutamic Acid 	Sodium Caseinate
Aluminum 	Glycol Ethers	Sodium Dioctyl Sulfosuccinate
Artificial Coloring 	Guarana	Sodium Hexametaphosphate
Artificial Sweeteners 	Hexametaphosphate	Sodium Laureth Sulfate (SLES)
Aspartame 	High Fructose Corn Syrup	Sodium Lauryl Sulfate (SLS)
Amino Sweet 	Hydrolyzed (anything) 	Soy
Autolyzed (anything)	Imidazolidinyl Urea	Soy Protein Concentrate & Isolate 
Azodicarbonamide	Lead 	Spices, Seasoning
Benzene (any)	Maltodextrin	Splenda 
Benzoic Acid, 210, 211,219	Mercury 	Stearalkonium Chloride
BHA/ Butylated Hydroxyanisole	Methanol	Sucralose 
BHT/ Butylated Hydroxytoluene	Mineral Oil	Sugar (Chemical White Processed)
Bisphenol-A (BPA)	Miralax	Sulphur Dioxide
Bouillon and Broth 	Monopotassium Glutamate 	Talc
Brominated Vegetable Oil (BVO)	Monosodium Glutamate/MSG 	TEA Triethanolamine Laureth Sulfate
Butylene Glycol	Natrium Glutamate 	Tetrasodium Pyrophosphate /EDTA
Calcium Caseinate 	Natural Beef or Chicken Flavoring 	Textured Protein 
Carrageenan	Natural Flavor(s) & Flavoring(s) 	TBHQ
Cetylpyridinium Chloride or Bromide	Nitrites and Nitrate	Titanium Dioxide
Chlorine	Paraben/Methyl, Propyl, Butyl, Etc.	Toluene
Coal Tars	Paraffin Wax or Oil	Triclosan
DEA- Diethanolamine	Partially or Hydrogenated Oils	Urea (Imidazolidinyl)
Diazolidinyl Urea	Petrolatum /Jelly/Vaseline	Vaseline
Dioxins	Phenylketonuria (PKU)	*Whey Protein Concentrate 
DMDM Hydantoin	Phthalates DBP, DMP, DEP	*Whey Protein Isolate 
EDTA	Potassium Bromate	*Whey Protein Protease 
Equal	PER - Polyfluoroalkyl (PFAS) 	*Yeast Extract 
Flavor(s), Flavoring(s) 	Polyethylene Glycol (PEG)	*Yeast Food 
Fragrance (Synthetic) 	Propylene Glycol (PG) 	*Yeast Nutrient 

*Whey is protein, but when you have a whey product that has little or no protein in it, it becomes a MSG product. Same for the ingredient "yeast". Yeast for baking by itself is okay.