

# THE 14 DAY RESET



## WHAT IF 14 DAYS COULD CHANGE YOUR LIFE? RESULTS PEOPLE ARE SEEING:

- Slashed inflammation
- More energy
- Inches lost
- Less cravings
- Better sleep
- Healthy skin
- Reduced stress
- Improved cognition

## WHAT IS THE 14 DAY RESET EXACTLY?

### Every day for 2 weeks you will do the following:

- Drink NingXia Red daily according to our program's intake schedule which we'll provide upon starting the program
- Eat clean with provided meal plans and recipes to keep it simple
- Drink half your body weight in ounces of water
- Move your body 30 minutes a day with provided workouts

## WHY NINGXIA RED?

It's packed with **powerful antioxidants** and super foods that provide long-lasting energy support without caffeine, revitalize body systems for full-body protection, and make the body an **unfriendly environment for free radicals and oxidative stress**. NingXia Red also supports **normal cellular digestive function** and promotes **normal eye health**. It's the perfect pre and post workout drink.

It's loaded with **amino acids, trace minerals** and **essential fatty acids** while still having a **low glycemic index**.

## CLINICAL STUDIES HAVE SHOWN:

- To significantly reduce stress by 23% and improve mental well-being
- To significantly increase physical energy levels by 35%
- To support healthy respiratory function
- To reduce physical limitations by 36%
- To improve sleep patterns and increase sleep
- To support healthy inflammation response

## THIS IS NOT YOUR ORDINARY "GROUP."

### Here are some of the exclusive perks when you say YES to YOU:

- Daily workouts by a personal trainer
- Meals plans with shopping lists
- Education on how to save on groceries
- Education from a certified nutritionist
- Easily to follow printables to keep you on track and organized
- Mindset tips, emotional support, and motivational affirmations
- New health and wellness education added monthly
- Monthly Q&A Zoom call with a holistic health professional
- Message chats, Marco Polo chats - you choose your desired level of engagement
- Education on detoxing and intermittent fasting
- Giveaways and MORE!

## WHAT NOW?

Let the person who invited you know you are joining the Sneak Peek Facebook group or if you are not on Facebook the [www.14Day-Reset.com](http://www.14Day-Reset.com)!

SCAN FOR  
FACEBOOK GROUP



SCAN FOR  
OFF-FACEBOOK GROUP



# Easy Ways to get STARTED

You'll need 102 ounces of NingXia Red to do the 14 Day Reset!

Use the code **SHAREYL** to take an extra 10% off your first order of 50PV or more.

**ORDER YOUR NINGXIA RED ON LOYALTY REWARDS TO GET 10% BACK IN PRODUCT CREDIT + A FREE GIFT**



\$129

MAKE A SHIFT™ RESET™ KIT



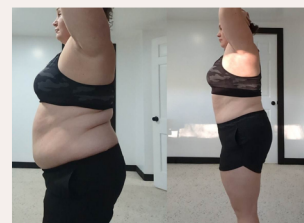
\$210

NINGXIA RED LOYALTY REWARDS

## SEE FOR YOURSELF!



SCAN ME TO SEE REAL LIFE TESTIMONIES FROM PARTICIPANTS!



## PARTICIPATE RESULTS



AVERAGE WEIGHT LOST:

6.5 lbs



AVERAGE INCHES LOST:

5.2"

## GET STARTED TODAY AND SAVE 24%

USING MY REFERRAL CODE: