

Fried Rice



Ingredients:

1 large yellow or white onion, diced

3 cloves garlic

¼ cup vegetable broth

1 large carrot, thinly sliced

1 red bell pepper, diced

1 cup green cabbage, chopped

1/2c cup green peas, fresh or frozen

1/4 cup coconut aminos

½ tablespoon sriracha (optional)

1 ½ cup pineapple, diced (optional)

3 green onions, sliced

4 cups cooked brown rice

2 tablespoons black sesame seeds, toasted.

Directions:

Add vegetable broth and onion, Sauté for 5 minutes, or until clear. Add garlic, carrots, bell pepper, cabbage, and cook for 7 minutes or until tender. Add cooked rice, peas, coconut aminos, and sriracha. Cook 8 minutes. Add pineapple, cook 2 minutes. Garnish with green onion and sesame seeds.