

Chocolate Pudding



Ingredients:

2 ripe avocados (not over ripe)

2 bananas, yellow with spots

½ -1 cup coconut milk or almond milk

½ cup unsweetened cocoa powder

6 Medjool dates, pitted

1 teaspoon vanilla extract

Directions:

Blend ingredients until smooth, adding milk a little at a time until desired consistency.

Serve with berries.