### What is the 14 DAY RESET

### Revitalize Your Health in 14 Days!

Embark on our 14 Day Reset journey focusing on movement, hydration, clean eating, and our nutrientdense superfood supplement.

This isn't just about shedding pounds; it's about optimizing your body's performance and reclaiming your vitality.

Experience profound changes in your health and well-being with our simple yet powerful system.

### Ready to reset your health and thrive?



### Participant Results

Average weight lost: 6.5 pounds Average inches lost: 5.2"

### THE POWER OF

# Red



Contact me for more information and a discount code.



## 14 DAY RESET

What if a little



## THE POWER OF Ming Kia Red

NingXia Red is packed with powerful antioxidants and super- foods that provide long-lasting energy support without caffeine, revitalize body systems for full-body protection, and make the body an unfriendly environment for free radicals and oxidative stress. NingXia Red also supports normal cellular digestive function and promotes normal eye health. It's the perfect pre and post workout drink.

It's loaded with amino acids, trace minerals and essential fatty acids while still having a low glycemic index. There are no added sugars! Only essential sugars (poly-saccharides) from the whole fruit; leaves, stems, peel and fruit. NingXia Red is infused with orange, lemon, yuzu and tangerine essential oils containing high levels of d'limonene.

#### **Clinical Studies have Shown:**

- To significantly **reduce stress** by 23% and **improve mental well-being**
- To significantly increase physical energy levels by 35%
- To support healthy respiratory function
- To reduce physical limitations by 36%
- To improve sleep patterns and increase sleep
- To support healthy inflammation response

## 14 DAY RESET Testimonials

"After watching my wife have good results with the 14 Day Reset, I decided to try it. Before the Reset, I never wanted to get out of bed, always tired. I used to get a lot of headaches and had lower back pain. I also struggled with heartburn my entire life. Now, I have no problem getting up and have energy to do house projects after I come home from work. After 2 Resets, I have shed 40 lbs, gone down 2 shirt sizes, and 3 pants sizes. I no longer have heartburn, bloating, or back pain. I have a lot more energy, focus, and better concentration. My mood is also better! The 14 Day Reset changed my life. - Robert

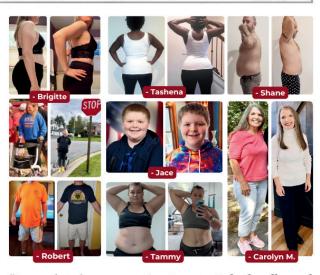
"I've tried numerous "diets" before only to fail time and time again. While I'm still far from my goal body, my mindset and thoughts have undergone a remarkable transformation. I genuinely hope that this illustrates where I began and where I am now, and serves as an encouragement that you too can experience change, even within a span of just 2.5 months." -Tammy

"My nephew, Jace. He is **11 years old**. After 3 Resets, he has **released a total of 23 lbs and 28.5"**! The transformation in him from November until now is truly astounding and I could never express my gratitude enough." - Amy N.

"I had a spinal surgery that wasn't successful. After surgery my goal was to walk to the stop sign at the end of the block, but almost three years later I only made it halfway. Since the Resets, I finally have energy and more mobility. **My inflammation and pain levels are down.** After my 2nd Reset I finally made it to the stop sign with my walker. After the 3rd, I made it around the block! I went from a size 18 to a size 10 over 6 resets! Doing the Reset has blessed my life beyond measure!" -Brigitte

After one reset. "I'm down 7 pounds and 1 1/2 inches. Overall, I am amazed at having **NO sugar and bread cravings**. I have never had that. I have more energy and a better mood!!" - Liz D. (1st Reset)





"I completed 5 consecutive Resets. I shed 32 lbs and 44". I am 64 years old. I have much more energy, my skin is clearer, sleep is better, and no more night sweats. I can actually run now! I love what the Reset does for the body." - Carolyn M.