

Raindrop Technique® Therapy

SusanaSchanel.com

A Harmonious Blend of Essential Oils and Gentle Touch

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What Is Raindrop Technique?

The Raindrop Technique is a gentle, practice that blends aromatherapy with targeted massage. Using high-grade essential oils applied like raindrops along the spine, this technique helps restore balance, support spinal health, and promote deep relaxation.

Core Benefits

Physical Wellness

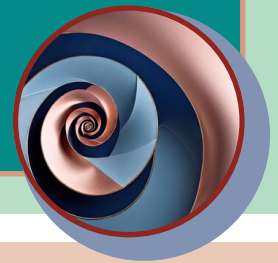
- Supports spinal alignment and flexibility
- Eases tension and discomfort in muscles and joints
- Reduces inflammation and muscle tension
- Boosts circulation and detoxification

Emotional Well-Being

- Encourages deep relaxation and stress relief
- Aids in emotional release and mental clarity
- Enhances mood and inner calm

Energetic Harmony

- Aligns mind-body-spirit
- Promotes grounding, focus, and presence



The Raindrop Technique employs a specific sequence of essential oils, each chosen for its unique properties.

During a typical session, essential oils are gently dropped along the spine from a height of about six inches, mimicking the sensation of raindrops. This is followed by

light massage techniques, such as feather stroking and Vita Flex, to facilitate absorption and promote relaxation.

A typical session lasts 45–60 minutes and leaves you feeling aligned, refreshed, and relaxed. Whether for physical support or emotional balance, Raindrop Technique is a pathway to wellness.

Inspired by Lakota traditions and refined by Young Living, the Raindrop Technique combines ancient energy practices with modern essential oil science to offer holistic healing and rejuvenation.



I invite you to enjoy the **Raindrop Technique** for only **\$75** (\$100 if I travel to your home)
To Book Your Appointment call/text Susana at (204) 915-8844

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