

Great Outdoors

- 3 drops Peppermint
- 3 drops Lavender
- 3 drops Lemon

Relax & Reset

- 4 drops Frankincense
- 3 drops Lavender

Seasonal Wellness

- 4 drops Thieves
- 3 drops Lemon
- 2 drops R.C.

Fresh & Clean

- 3 drops Purification
- 3 drops Lemon

Breathe Deep

- 3 drops R.C.
- 3 drops Lemon
- 1 drop PanAway

Just Sleep

- 3 drops Copaiba
- 3 drops Lavender



Diffuser Recipes

Pour water into your diffuser to the fill line and add the indicated number of drops. The owner's manual comes with further instructions if you need them. Enjoy!



Roller Recipes



Add essential oils of your choice to an empty 10 ml roller bottle and top with a liquid carrier oil. It's that easy!

Breathe Easy

- 10 drops R.C.
- 10 drops Peppermint
- 5 drops Lavender

Well Rested

- 12 drops Lavender
- 8 drops Frankincense
- 6 drops Copaiba

Be Well

- 15 drops Thieves
- 10 drops R.C.
- 5 drops Lemon

Muscle Love

- 15 drops PanAway
- 10 drops Peppermint

Just Chill

- 15 drops Frankincense
- 15 drops Lavender

Happy Tummy

- 20 drops DiGize
- 10 drops Peppermint



CONTACT US

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Seed to Seal

Young Living has provided its members with a Seed to Seal quality commitment for over 25 years! This promise consists of three pillars - **Sourcing**, **Science**, and **Standards**. You can trust that Young Living is providing you with products of the highest quality and purity - from the seed to the sealed bottle. This guarantee is why you don't buy oils anywhere else!

Sourcing

Products are sourced from corporately-owned farms, partner farms, and Seed to Seal certified suppliers to ensure consistency, quality, and conservation.

Science

Between 50 highly-trained scientists, two corporate quality labs, and 12+ independent partner labs, Young Living does meticulous quality testing and retesting to ensure your products are as pure as nature intended.

Standards

Young Living takes the responsibility of stewardship very seriously. From ethically sourcing and producing pure ingredients to going above and beyond to comply with local environmental rules and sustainable growing practices, they have set a high standard that you can trust.



More Than Oils

Did you know that Young Living has over 600 products? Add these favorites to your Loyalty Rewards wish list!

PERSONAL CARE

includes oil-infused hair, facial, body, and dental products



KIDSCENTS

an entire line of kid-friendly, pre-diluted oils for safe, convenient application



SUPPLEMENTS

a variety of oil-infused supplements helping you meet all your nutritional needs



MEN'S CARE

Shutran-infused products designed with men in mind



SEEDLINGS

an entire line of pure, gentle products infused with baby-safe essential oils



ROLL-ONS

a variety of member favorites perfect for on-the-go use

